



January 18, 2013


REGIONAL MEMORANDUM

No. 17 S., 2013

ADDENDUM TO REGIONAL MEMORANDUM NO.80 s. 2012 "Development of Regional Vegetable Recipes to Address Malnutrition"

To : Schools City/Division Superintendents
Principals/School Heads Public Elementary Schools
H.E./EPP Teachers
Heads, Health and Nutrition Section

1. Pursuant to Regional Memorandum No. 80 s. 2012 re: Development of Regional Vegetable Recipes to Address Malnutrition, the Health and Nutrition Unit in coordination with the Health and Nutrition Sections in the divisions, shall conduct its **Regional Vegetable Recipe Development** on **March 6-7, 2013** at the **RELC-NEAP, Candahug, Palo, Leyte**.
2. The activity aims to:
 - Orient participants on the process of recipe development re: nutrient evaluation and sensory evaluation
 - Increase knowledge, techniques and skills in food preparation
 - Come up with at least 20 vegetable recipes for the region
3. Expected participants are the (2) Regional nutritionist-dietitians and (14) H.E./EPP teachers region wide. Only one (1) H.E. teacher in selected school per division.
4. It is suggested that each division selects one (1) H.E. teacher in a selected school to participate in the said undertaking and must have at least 1-2 vegetable recipes preferably tried and tested at the school level. The submission of recipes should also include food cost for each item with budget estimate for the advance preparation of Purchase Request on or before **January 31, 2013**. Please refer to Enclosure to Regional Memo. No. 80 s. 2012 re: mechanics of the recipe development, for more information and details.
5. Transportation expenses incurred while in attendance to the activity shall be charged to local funds. Meals, handouts and accommodation shall be charged to HNC funds subject to the usual auditing and accounting rules and regulation.
6. Immediate and wide dissemination of this Memorandum is desired.


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Director IV