

Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL REGION VII

RNC Resolution No. 017-02 (s 2017)

Excerpts from the Minutes of the Regional Nutrition Committee Meeting held on 21 February 2017 at the Club Ultima, Osmeña Blvd., Cebu City

“PROMOTION OF THE CONSUMPTION OF ROOT CROPS AND OTHER RICE ALTERNATIVES”

WHEREAS, Republic Act 8435 otherwise known as the Agriculture and Fisheries Modernization Act (AFMA), aims to achieve food sufficiency and security, poverty alleviation, social equity and sustainable development;

WHEREAS, rice is recognized as the primary food staple of Filipinos despite the country being not sufficient in rice production;

WHEREAS, the Food Staple Sufficiency Program (FSSP) under the AFMA aims to achieve self-sufficiency by raising productivity and competitiveness among farmers as well as managing food staple consumption;

WHEREAS, rice alternatives, particularly root crops specifically sweet potato and cassava is found to have a positive growth in production in Central Visayas at 6.7 and 23.3 percent change respectively (PSA, 2016);

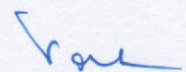
WHEREAS, despite growth in production, there has been a decrease in consumption of starchy roots and tubers in the region from 16grams average consumption per person per day in 2013 to 8grams average consumption per person per day in 2015 (NNS, 2015);

WHEREAS, lifestyle diseases continue to be a public health concern in Central Visayas with the 2015 National Nutrition Survey results showing that adults have a 21.4% prevalence of elevated blood pressure, a 4.9% prevalence in high fasting blood glucose and 2.0% prevalence of very high triglyceride (NNS 2015).

WHEREAS, the consumption of root crops as rice alternative is encouraged due to its low glycemic index and good nutritional content;

NOW THEREFORE BE IT RESOLVED, AS IT IS HEREBY RESOLVED, to encourage local nutrition committees and regional government agencies to serve root crops as rice alternative during LGU and agency-organized events to set an example to the public;

RESOLVE FURTHER, to request Department of Interior and Local Government to assist in the dissemination of this resolution to Local Nutrition Committees and for RNC member agencies to come up with a regional memo or other instrumentalities to support and implement the resolution in their respective agencies and their local counterparts;



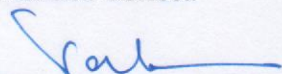
RESOLVE FURTHER, to request the Department of Budget and Management to issue an advisory for use of this resolution as basis for procurement;

RESOLVE FURTHER, to request the Department of Agriculture to ensure availability of rice alternatives by advocating for production of root crops and other rice alternatives;

RESOLVE FINALLY, to request members of the RNC Technical Working Group, and Provincial/City Nutrition Action Officers to provide the secretariat with updates of the implementation of said resolution within a year of the passage of this resolution during the 1st RNC Full Committee Meeting and the 1st Q Regional Nutrition Management Conference.

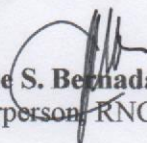
APPROVED, this 21st day of February 2017 during its 1st RNC Full Committee Meeting Series 2017 held at Club Ultima Board Room, Osmeña Blvd., Cebu City.

Certified Correct:



Parolita A. Mission, DPA, RN
RNC 7 Secretary

Attested by:



Jaime S. Bernadas, MD, MGM, CESO III
Chairperson, RNC 7