

Republic of the Philippines
REGIONAL NUTRITION COMMITTEE
Central Visayas

EXCERPT FROM THE MINUTES OF MEETING
OF THE CENTRAL VISAYAS REGIONAL NUTRITION COMMITTEE
HELD ON 30 MARCH 2012 AT CLUB ULTIMA, CEBU CITY

RNC Resolution No. 012-04 (S.2012)

"ADOPTING THE IMPLEMENTING GUIDELINES ON OPERATION TIMBANG *PLUS*"

Whereas, growth is a measure of an individual's health and nutritional well-being;

Whereas, three methods of growth assessment in communities in the Philippines are being implemented, namely; a) National Nutrition Survey of the Department of Science and Technology, b) Growth Monitoring and Promotion (GMP), the health center-or facility-based services provided by health workers, and c) Operation Timbang Plus or OPT Plus done every first quarter of the year in communities nationwide.

Whereas, OPT *Plus* which does not only measure the weight but also the length or height of all preschool children aged 0-71 months old in a community provide important information on the nutrition situation of the population useful for nutrition program planning and policy formulation and important nutrition information about a child for prevention or management of malnutrition.

WHEREAS, the Inter-agency Technical Working Group on Child Standards developed the guidelines for the implementation of OPT *Plus* and approved for nationwide implementation by the National Nutrition Council Governing Board pursuant to NNC Governing Board Resolution No. 2, Series 2012;

WHEREAS, the guidelines, among others, highlights the use of the Child Growth Standards (CGS) which is the country's standard for growth assessment of children and the single international standard that represents the best physiological growth for all children from birth to five years of age;

WHEREAS, upon review, the RNC, found the guideline to be in order;

NOW THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED to adopt the implementing guidelines on OPT *Plus*, a copy is hereto attached as an integral part of this resolution;


FURTHER RESOLVED, that the following actions be pursued to support the implementation of the revised implementing guidelines on OPT *Plus* in the region;

1. For agencies including but not limited to the Department of Health (DOH), Department of Social Welfare and development (DSWD), Department of Education (DepEd), and Department of the Interior and Local Government to issue the region-wide order in support of this resolution; and
2. The Regional Nutrition Committee Secretariat and the DOH-CHD 7 to lead in the conduct of orientation among local government functionaries on the revised implementing guidelines on OPT *Plus* to ensure its consistent adoption; and

3. The LGUs, with support from the NNC, DOH, DSWD, DepEd, and Department of Science and Technology to ensure the availability of calibrated weighing scales and verified height boards.

APPROVED, this 30th day of March 2012 during the 1st RNC Full Committee Meeting S 2012 held at the Board Room, Club Ultima, Cebu City.

Certified Correct:



PAROLITA A. MISSION, RN, DPA
RNC 7 Secretary
Nutrition Program Coordinator, NNC 7

Attested by:



ASUNCION M. ANDEN, MD, MPH, CESO II
Chairperson, RNC 7
Regional Director, DOH-CHD 7