

Republic of the Philippines  
**REGIONAL NUTRITION COMMITTEE**  
Central Visayas

EXCERPT FROM THE MINUTES OF MEETING  
OF THE CENTRAL VISAYAS REGIONAL NUTRITION COMMITTEE  
HELD ON 28 FEBRUARY 2013 AT CLUB ULTIMA BOARD ROOM, CEBU CITY

RNC Resolution No. 013-05 (s 2013)

**"REQUESTING LOCAL GOVERNMENT UNITS OF CENTRAL VISAYAS AND THE REGIONAL OFFICES OF THE DEPARTMENT OF EDUCATION, THE DEPARTMENT OF SOCIAL WELFARE AND DEVELOPMENT, THE DEPARTMENT OF HEALTH, THE DEPARTMENT OF AGRICULTURE, THE DEPARTMENT OF TRADE AND INDUSTRY AND THE ROTARY INTERNATIONAL, TO DIRECT RESTAURANTS, MARKETS, SCHOOLS, DAY CARE CENTERS, TO DEVELOP AND DISSEMINATE THE NUTRITIONAL GUIDELINES FOR FILIPINOS"**

WHEREAS, Nutritional Guidelines for Filipinos (NGF) are recommendations on the consumption of an adequate and well balanced diet and the promotion of desirable food and nutrition practices as well as nutrition related health habits;

WHEREAS, the goal of the 2012 guidelines is the improvement of nutritional status, productivity and quality of life of the population, through the adoption of desirable dietary practices and healthy lifestyle. The set of NGF aims to protect and promote nutrition of Filipinos.

WHEREAS, the Central Visayas Regional Nutrition Council (RNC 7) Strategic Plan provides that the dissemination of the guidelines must be intensified to improve the knowledge, attitude and nutrition practices of the population particularly those who are at risk;

WHEREAS, RNC 7 believes that a communication plan is necessary to guide proper formulation of IEC materials, an appropriate means of IEC distribution and promotion, as well as to mobilize the stakeholders for their involvement in the dissemination of NGF;

WHEREAS, the dissemination of NGF information materials to all schools , day care centers, restaurants markets and business establishments would help improve access to accurate information on nutrition;

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