

Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 1 of 4

Region Central Visayas (R7)

Total No.: Province 4 City 16

Year 2015

Total No. with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous Group/s: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please Check:

Normal Weight-for-Age

Normal Length/Height-for-Age

Normal Weight-for-Length/Height

Province/City	Estimated No.	Total No of	Coverage	Total Number of Children													
	of 0-71 mos old	0-71 mos old		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
	PS	PS measured		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
(1)	(2)	(3)	%	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)
<b>Provinces</b>																	
Bohol	213,321	145467	68%	6191	5755	5657	5313	11981	10987	12206	11201	12437	11410	12528	11273	11219	10278
Cebu	325,829	272445	84%	10494	9809	10621	9876	21218	20037	21931	20049	22430	20325	22100	20567	20890	18994
Oriental Negros	222,407	110054	49%	4384	4194	4254	4065	8636	8105	8654	8496	8616	8162	8667	8175	8539	8397
Siquijor	15,579	9324	60%	285	305	334	330	732	735	756	748	826	749	795	733	717	676
<b>Subtotal</b>	<b>777,136</b>	<b>537290</b>	<b>69%</b>	<b>21354</b>	<b>20063</b>	<b>20866</b>	<b>19584</b>	<b>42567</b>	<b>39864</b>	<b>43547</b>	<b>40494</b>	<b>44309</b>	<b>40646</b>	<b>44090</b>	<b>40748</b>	<b>41365</b>	<b>38345</b>
<b>Cities</b>																	
Bais City	12,652	9709	77%	414	375	371	340	718	769	708	680	739	710	749	719	650	624
Bayawan City	19,568	14032	72%	660	661	562	570	1036	1089	1120	1107	1114	1066	1158	1022	994	864
Bogo City	11,525	11298	98%	458	414	424	366	964	888	977	947	999	876	1039	944	885	794
Carcar City	18,578	16038	86%	694	636	634	617	1314	1195	1374	1211	1338	1232	1317	1215	1117	1059
Canlaon City	8,534	7380	86%	238	221	260	256	581	547	665	641	712	648	575	573	600	570
Cebu City	158,541	150196	95%	6,624	6,347	5,829	5,546	11,748	11,025	12,280	11,276	12,161	11,120	12,117	11,111	13,650	12,915
Danao City	20,679	18854	91%	759	724	690	694	1619	1523	1625	1478	1607	1503	1575	1463	1365	1265
Dumaguete City	21,273	15674	74%	498	443	656	582	1318	1187	1414	1217	1374	1287	1397	1239	1276	1302
Guihulngan City	15,936	14083	88%	647	613	601	577	995	964	998	996	1028	987	1019	1005	1076	1031
Lapu-lapu City	74,626	73520	99%	3392	3348	3012	2787	6394	5892	6571	6178	6025	5255	6043	5535	6130	5876
Mandaue City	62,456	46931	75%	2256	2358	1835	1818	4035	3685	4010	3841	3799	3640	3949	3644	3352	3428
Naga City	18,055	15739	87%	616	526	667	625	1355	1200	1330	1216	1336	1217	1346	1274	1210	1122
Tagbilaran City	17,454	11606	66%	526	497	458	435	1002	925	1026	957	990	932	961	813	820	818
Talisay City	36,963	33745	91%	1354	1253	1377	1269	2765	2483	2646	2549	2741	2646	2880	2595	3091	2942
Tanjay City	13,582	9253	68%	442	391	412	341	676	673	753	714	752	724	771	664	758	683
Toledo City	26,114	25347	97%	1211	1240	1163	1177	1829	2020	1934	1768	1990	1840	2297	2077	2186	1953
<b>Subtotal</b>	<b>536,536</b>	<b>473405</b>	<b>88%</b>	<b>20789</b>	<b>20047</b>	<b>18951</b>	<b>18000</b>	<b>38349</b>	<b>36065</b>	<b>39431</b>	<b>36776</b>	<b>38705</b>	<b>35683</b>	<b>39193</b>	<b>35893</b>	<b>39160</b>	<b>37246</b>
<b>Total</b>	<b>1,313,672</b>	<b>1010695</b>	<b>77%</b>	<b>42143</b>	<b>40110</b>	<b>39817</b>	<b>37584</b>	<b>80916</b>	<b>75929</b>	<b>82978</b>	<b>77270</b>	<b>83014</b>	<b>76329</b>	<b>83283</b>	<b>76641</b>	<b>80525</b>	<b>75591</b>

82253

77401

156845

160248

159343

159924

156116

8.13%

16.47%


16.83%

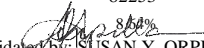
16.74%


16.80%

16.40%

Prepared by:

  
**NASUDI G. SOLUTA**  
Nutrition Officer II- NNC 7

  
Validated by: **SUSAN Y. ORPILLA**  
Nutrition Officer III, NNC

Approved by:  **PAROLITA A. MISSION, DPA, RN.**  
Regional Nutrition Program Coordinator

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 2 of 4

Region Central Visayas (R7)

Total No.: Province 4 City 16

Year 2015

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous Group/s: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Underweight Weight-for-A \_\_\_\_\_

Stunted Length/Height-for-Age \_\_\_\_\_

Waste \_\_\_\_\_ / Weight-for-Length/Height \_\_\_\_\_

Province/City (1)	Estimated No. of 0-71 mos old	Total No of 0-71 mos old	Coverage %	Total Number of Children													
	PS (2)	PS measured (3)		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145467	68%	67	51	138	108	490	341	500	508	530	558	542	567	553	501
Cebu	325,829	272445	84%	279	193	425	341	1408	1070	1491	1312	1582	1528	1582	1508	1558	1521
Oriental Negros	222,407	110054	49%	86	69	192	138	540	425	597	547	604	575	550	585	657	612
Siquijor	15,579	9324	60%	2	2	5	8	35	28	45	37	50	46	43	41	37	55
<b>Subtotal</b>	<b>777,136</b>	<b>537290</b>	<b>69%</b>	<b>434</b>	<b>315</b>	<b>760</b>	<b>595</b>	<b>2473</b>	<b>1864</b>	<b>2633</b>	<b>2404</b>	<b>2766</b>	<b>2707</b>	<b>2717</b>	<b>2701</b>	<b>2805</b>	<b>2689</b>
<b>Cities</b>		0															
Bais City	12,652	9709	77%	4	9	31	12	50	26	57	64	71	61	62	71	83	76
Bayawan City	19,568	14032	72%	14	13	26	9	59	58	60	69	62	79	70	76	63	61
Bogo City	11,525	11298	98%	5	1	8	2	22	8	20	17	33	24	28	22	26	25
Carcar City	18,578	16038	86%	10	5	13	15	55	39	70	57	51	69	65	74	59	79
Canlaon City	8,534	7380	86%	1	2	4	3	17	13	26	17	19	20	25	21	26	24
Cebu City	158,541	150196	95%	88	64	115	83	347	308	371	373	378	389	372	397	381	377
Danao City	20,679	18854	91%	12	9	27	14	64	62	80	86	69	60	80	71	64	65
Dumaguete City	21,273	15674	74%	4	0	11	13	66	49	51	52	17	28	23	15	11	11
Guihulngan City	15,936	14083	88%	36	13	24	20	90	74	117	108	99	120	113	110	110	131
Lapu-lapu City	74,626	73520	99%	18	16	23	20	58	54	75	71	44	72	54	62	41	49
Mandaue City	62,456	46931	75%	12	8	12	18	53	63	71	73	68	79	103	82	75	76
Naga City	18,055	15739	87%	4	6	23	7	42	32	55	52	58	53	34	38	48	46
Tagbilaran City	17,454	11606	66%	2	7	8	5	21	18	25	30	19	22	21	34	33	34
Talisay City	36,963	33745	91%	10	5	13	7	43	28	37	50	78	49	54	58	66	58
Tanjay City	13,582	9253	68%	2	1	14	6	28	27	31	28	26	41	25	43	25	34
Toledo City	26,114	25347	97%	7	6	15	11	39	18	35	38	41	52	44	52	33	34
<b>Subtotal</b>	<b>536,536</b>	<b>473405</b>	<b>88%</b>	<b>229</b>	<b>165</b>	<b>367</b>	<b>245</b>	<b>1054</b>	<b>877</b>	<b>1181</b>	<b>1185</b>	<b>1133</b>	<b>1218</b>	<b>1173</b>	<b>1226</b>	<b>1144</b>	<b>1180</b>
<b>Total</b>	<b>1,313,672</b>	<b>1010695</b>	<b>77%</b>	<b>663</b>	<b>480</b>	<b>1127</b>	<b>840</b>	<b>3527</b>	<b>2741</b>	<b>3814</b>	<b>3589</b>	<b>3899</b>	<b>3925</b>	<b>3890</b>	<b>3927</b>	<b>3949</b>	<b>3869</b>

1143

1967

6268

7403

7824

7817

7818

4.89%

15.58%


18.40%


19.44%

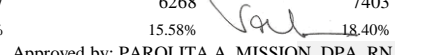
19.43%

19.43%

Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

  
 Validated by: **SUSAN Y. ORPILLA**  
 Nutrition Officer III, NNC

Approved by:   
**PAROLITA A. MISSION, DPA, RN**  
 Regional Nutrition Program Coordinator

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 3 of 4

Region Central Visayas (R7)

Total No.: Province 4 City 16

Year 2015

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous Group/s: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_


Sev. UW Weight-for-

Sev. Stunted Length/Height-for-Age

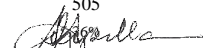
Sev.  Weight-for-Length/Height

Province/City (1)	Estimated No. of 0-71 mos old	Total No of 0-71 mos old	Coverage %	Total Number of Children													
	PS (2)	PS measured (3)		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145467	68%	23	14	35	24	89	57	84	81	73	84	69	73	74	66
Cebu	325,829	272445	84%	135	111	125	105	412	298	397	337	396	383	353	338	311	329
Oriental Negros	222,407	110054	49%	24	34	48	37	146	121	164	131	129	132	112	126	144	122
Siquijor	15,579	9324	60%	1	2	3	0	7	2	4	8	5	2	7	4	7	9
<b>Subtotal</b>	<b>777,136</b>	<b>537290</b>	<b>69%</b>	<b>183</b>	<b>161</b>	<b>211</b>	<b>166</b>	<b>654</b>	<b>478</b>	<b>649</b>	<b>557</b>	<b>603</b>	<b>601</b>	<b>541</b>	<b>541</b>	<b>536</b>	<b>526</b>
<b>Cities</b>		<b>0</b>															
Bais City	12,652	9709	77%	5	2	12	8	23	9	20	17	36	20	26	17	22	20
Bayawan City	19,568	14032	72%	3	7	8	3	11	12	20	12	26	20	14	14	15	13
Bogo City	11,525	11298	98%	2	0	2	0	2	3	3	1	6	3	1	2	2	2
Carcar City	18,578	16038	86%	9	3	10	7	30	17	21	17	17	27	29	13	13	22
Canlaon City	8,534	7380	86%	1	0	2	0	5	3	7	5	3	4	4	7	9	7
Cebu City	158,541	150196	95%	33	29	24	20	92	65	79	95	82	81	72	76	71	97
Danao City	20,679	18854	91%	0	0	5	7	7	7	5	13	5	8	7	6	6	8
Dumaguete City	21,273	15674	74%	0	0	0	0	3	0	0	1	0	0	0	0	1	0
Guihulngan City	15,936	14083	88%	10	7	15	10	23	23	27	32	26	31	12	25	25	18
Lapu-lapu City	74,626	73520	99%	8	5	3	4	13	15	15	22	19	23	16	18	7	8
Mandaue City	62,456	46931	75%	4	6	6	6	12	23	31	16	22	11	33	16	17	14
Naga City	18,055	15739	87%	1	2	3	5	6	9	5	7	6	11	11	18	7	8
Tagbilaran City	17,454	11606	66%	3	1	2	0	3	2	1	5	6	5	3	7	2	5
Talisay City	36,963	33745	91%	5	2	6	2	18	12	12	11	21	20	21	27	17	22
Tanjay City	13,582	9253	68%	3	1	4	4	9	7	9	8	10	7	4	1	5	3
Toledo City	26,114	25347	97%	3	6	9	10	26	19	30	16	16	12	11	9	6	6
<b>Subtotal</b>	<b>536,536</b>	<b>473405</b>	<b>88%</b>	<b>90</b>	<b>71</b>	<b>111</b>	<b>86</b>	<b>283</b>	<b>226</b>	<b>285</b>	<b>278</b>	<b>301</b>	<b>283</b>	<b>264</b>	<b>256</b>	<b>225</b>	<b>253</b>
<b>Total</b>	<b>1,313,672</b>	<b>1010695</b>	<b>77%</b>	<b>273</b>	<b>232</b>	<b>322</b>	<b>252</b>	<b>937</b>	<b>704</b>	<b>934</b>	<b>835</b>	<b>904</b>	<b>884</b>	<b>805</b>	<b>797</b>	<b>761</b>	<b>779</b>


Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

Validated by:

  
**SUSAN J. ORPILLA**  
 Nutrition Officer III, NNC

Approved by:

  
**PAROLITA A. MISSION, DPA, RN**  
 Regional Nutrition Program Coordinator

505  
6.09%      574  
17.42%      1641  
18.78%      1769  
18.98%      1788  
17.01%      1602  
16.35%      1540

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 4 of 4

Region Central Visayas (R7)

Total No.: Province 4 City 16

Year 2015

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous Group/s: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please check:



**Overweight Weight-for-Age**

**Tall Length/Height-for-Age**


**Overweight Weight-for-Length<sup>1</sup>/Height<sup>2</sup>**

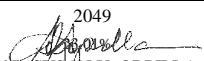
**Obese Weight-for-Length<sup>1</sup>/Height<sup>2</sup>**

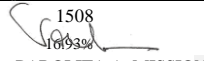
Province/City (1)	Estimated No. of 0-71 mos old (2)	Total No of 0-71 mos old (3)	Coverage %	Total Number of Children													
	PS (2)	PS measured (3)		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145467	68%	94	65	25	20	59	41	58	45	51	34	83	39	76	41
Cebu	325,829	272445	84%	419	321	219	176	340	256	260	193	222	146	239	151	193	141
Oriental Negros	222,407	110054	49%	168	164	68	69	98	69	58	55	54	44	71	48	56	41
Siquijor	15,579	9324	60%	8	5	4	6	8	5	10	8	15	5	9	10	8	7
<b>Subtotal</b>	<b>777,136</b>	<b>537290</b>	<b>69%</b>	<b>689</b>	<b>555</b>	<b>316</b>	<b>271</b>	<b>505</b>	<b>371</b>	<b>386</b>	<b>301</b>	<b>342</b>	<b>229</b>	<b>402</b>	<b>248</b>	<b>333</b>	<b>230</b>
<b>Cities</b>		<b>0</b>															
Bais City	12,652	9709	77%	38	30	13	17	26	20	15	13	12	12	11	9	8	5
Bayawan City	19,568	14032	72%	23	24	7	2	10	5	3	8	8	2	7	7	3	3
Bogo City	11,525	11298	98%	13	4	1	2	1	1	4	4	2	2	6	4	6	3
Carcar City	18,578	16038	86%	38	18	4	10	24	15	15	10	16	5	9	6	8	11
Canlaon City	8,534	7380	86%	0	2	1	0	0	0	1	2	1	1	2	1	3	4
Cebu City	158,541	150196	95%	138	99	68	56	143	135	129	108	129	89	118	70	134	72
Danao City	20,679	18854	91%	17	9	8	5	10	7	9	6	9	5	14	3	6	9
Dumaguete City	21,273	15674	74%	18	14	4	5	12	7	9	6	8	6	11	9	14	5
Guihulngan City	15,936	14083	88%	16	7	7	5	5	10	8	6	4	5	4	4	9	7
Lapu-lapu City	74,626	73520	99%	45	56	11	11	15	18	23	15	11	16	9	10	4	5
Mandaue City	62,456	46931	75%	39	47	15	8	24	13	20	14	16	13	14	13	23	12
Naga City	18,055	15739	87%	8	6	3	7	12	12	10	9	7	4	8	6	9	1
Tagbilaran City	17,454	11606	66%	7	3	7	2	13	8	15	7	12	7	13	3	20	5
Talisay City	36,963	33745	91%	31	24	23	18	37	29	26	25	38	34	37	24	34	22
Tanjay City	13,582	9253	68%	6	1	6	0	8	5	10	6	18	8	8	6	6	5
Toledo City	26,114	25347	97%	12	12	2	5	3	4	0	3	3	5	3	2	4	0
<b>Subtotal</b>	<b>536,536</b>	<b>473405</b>	<b>88%</b>	<b>449</b>	<b>356</b>	<b>180</b>	<b>153</b>	<b>343</b>	<b>289</b>	<b>297</b>	<b>242</b>	<b>294</b>	<b>214</b>	<b>274</b>	<b>177</b>	<b>291</b>	<b>169</b>
<b>Total</b>	<b>1,313,672</b>	<b>1010695</b>	<b>77%</b>	<b>1138</b>	<b>911</b>	<b>496</b>	<b>424</b>	<b>848</b>	<b>660</b>	<b>683</b>	<b>543</b>	<b>636</b>	<b>443</b>	<b>676</b>	<b>425</b>	<b>624</b>	<b>399</b>

2049 920 1508 1226 1079 1101 1023  
 10.33% 10.33% 13.77% 12.12% 12.36% 11.49%

Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

  
 Validated by: **SUSAN Y. ORPILLA**  
 Nutrition Officer III, NNC

  
 Approved by: **PAROLITA A. MISSION, DPA, RN.**  
 Regional Nutrition Program Coordinator

Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 1 of 4

Region Central Visayas (R7)

Total No.: Province 4 City 16

Year 2014

Total No. with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous Group/s: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please Check:

Normal Weight-for-Age

Normal Length/Height-for-Age

Normal Weight-for-Length/Height

Province/City (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Total Number of Children														
			Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145321	68%	5,742	5,384	5,091	5,039	10,266	9,651	10,940	10,668	10,762	9,941	11,070	9,896	9,763	9,114
Cebu	325,829	223779	69%	7933	7384	7697	7294	14809	14239	15310	14029	15532	14107	15792	14475	14694	13574
Oriental Negros	222,407	103742	47%	3676	3533	3396	3406	6651	6501	6899	6873	6955	6682	7135	6707	7129	6994
Siquijor	15,579	9324	60%	263	272	294	294	630	636	667	669	729	662	716	650	646	631
<b>Subtotal</b>	<b>777,136</b>	<b>482166</b>	<b>62%</b>	<b>17,614</b>	<b>16,573</b>	<b>16,478</b>	<b>16,033</b>	<b>32,356</b>	<b>31,027</b>	<b>33,816</b>	<b>32,239</b>	<b>33,978</b>	<b>31,392</b>	<b>34,713</b>	<b>31,728</b>	<b>32,232</b>	<b>30,313</b>
<b>Cities</b>																	
Bais City	12,652	9709	77%	287	282	281	245	477	560	484	504	541	537	589	592	504	482
Bayawan City	19,568	12639	65%	540	563	461	447	762	775	756	747	796	725	803	687	731	658
Bogo City	11,525	11298	98%	440	386	410	353	835	814	888	841	903	787	955	866	801	735
Carcar City	18,578	16185	87%	631	594	555	550	1084	1062	1152	1016	1114	1019	1114	1020	971	932
Canlaon City	8,534	7380	86%	218	217	227	225	502	418	566	577	582	517	479	521	501	497
Cebu City	158,541	142158	90%	6181	5708	5225	4934	10294	9804	10983	9999	10757	9888	10858	9948	12055	11320
Danao City	20,679	18566	90%	715	675	630	643	1421	1354	1420	1289	1403	1291	1370	1280	1126	1129
Dumaguete City	21,273	15673	74%	467	429	613	560	1269	1163	1366	1180	1331	1255	1363	1217	1238	1268
Guihulngan City	15,936	14083	88%	582	544	505	500	721	777	768	779	749	750	766	788	851	842
Lapu-lapu City	74,626	73520	99%	3312	3292	2944	2732	6215	5729	6417	5948	5860	5094	5896	5355	5995	5742
Mandaue City	62,456	46259	74%	2193	2211	1752	1809	3679	3440	3851	3678	3657	3517	3842	3478	2988	2912
Naga City	18,055	15504	86%	575	485	610	583	1223	1110	1170	1103	1213	1085	1213	1126	1142	1033
Tagbilaran City	17,454	11121	64%	459	453	398	392	844	801	881	829	875	835	851	706	725	735
Talisay City	36,963	33745	91%	1217	1146	1248	1171	2400	2197	2347	2266	2477	2387	2591	2295	2766	2651
Tanjan City	13,582	9253	68%	445	379	408	315	635	644	717	677	731	696	733	637	729	666
Toledo City	26,114	16215	62%	740	768	697	743	1222	1255	1168	1090	1157	1102	1237	1140	1099	993
<b>Subtotal</b>	<b>536,536</b>	<b>453308</b>	<b>84%</b>	<b>19002</b>	<b>18132</b>	<b>16964</b>	<b>16202</b>	<b>33583</b>	<b>31903</b>	<b>34934</b>	<b>32523</b>	<b>34146</b>	<b>31485</b>	<b>34660</b>	<b>31656</b>	<b>34222</b>	<b>32595</b>
<b>Total</b>	<b>1,313,672</b>	<b>935474</b>	<b>71%</b>	<b>36616</b>	<b>34705</b>	<b>33442</b>	<b>32235</b>	<b>65939</b>	<b>62930</b>	<b>68750</b>	<b>64762</b>	<b>68124</b>	<b>62877</b>	<b>69373</b>	<b>63384</b>	<b>66454</b>	<b>62908</b>

71321

65677

128869

133512

131001

132757

129362

8.29%

16.26%

16.85%

16.53%

16.75%

16.32%

Prepared by:

NASUDI G. SOLUTA

Nutrition Officer II- NNC 7

Validated by:

SUSAN Y. ORPILLA

Nutrition Officer III, NNC

Approved by:

PAROLITA A. MISSION, DPA, RN.

Regional Nutrition Program Coordinator

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 2 of 4

Region \_\_\_\_\_

Total No.: Province \_\_\_\_\_ City \_\_\_\_\_

Period of Weighing \_\_\_\_\_

Total No. with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous group & No of PS: \_\_\_\_\_

Please Check:

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Underweight Weight-for-Age

Stunted Length/Height-for-Age

Stunted Weight-for-Length/Height

Province/City (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Coverage %	Total Number of Children													
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145321	68%	301	232	391	302	1477	1040	1402	1305	1639	1469	1499	1461	1508	1220
Cebu	325,829	223779	69%	606	527	840	692	2619	2092	2697	2423	3013	2723	2877	2786	2616	2384
Oriental Negros	222,407	103742	47%	305	239	392	321	1124	958	1287	1155	1287	1175	1225	1197	1307	1149
Siquijor	15,579	9324	60%	10	15	31	26	86	96	106	93	133	106	104	107	106	96
<b>Subtotal</b>	<b>777,136</b>	<b>482166</b>	<b>62%</b>	<b>1,222</b>	<b>1,013</b>	<b>1,654</b>	<b>1,341</b>	<b>5,306</b>	<b>4,186</b>	<b>5,492</b>	<b>4,976</b>	<b>6,072</b>	<b>5,473</b>	<b>5,705</b>	<b>5,551</b>	<b>5,537</b>	<b>4,849</b>
<b>Cities</b>																	
Bais City	12,652	9709	77%	40	34	42	32	133	98	167	140	182	157	169	147	161	184
Bayawan City	19,568	12639	65%	51	38	54	46	186	153	201	192	232	247	212	201	182	170
Bogo City	11,525	11298	98%	15	7	15	12	98	65	94	101	106	99	98	76	106	76
Carcar City	18,578	16185	87%	46	27	58	53	203	140	211	174	292	208	219	192	187	160
Canlaon City	8,534	7380	86%	24	11	29	14	86	62	108	81	117	85	103	79	85	87
Cebu City	158,541	142158	90%	242	171	270	253	871	728	922	860	942	860	922	922	933	1392
Danao City	20,679	18566	90%	26	23	58	42	168	159	190	177	187	182	218	194	240	159
Dumaguete City	21,273	15673	74%	14	5	28	12	85	49	78	60	46	50	55	37	53	39
Guihulngan City	15,936	14083	88%	65	56	78	66	212	163	208	220	245	230	240	232	239	224
Lapu-lapu City	74,626	73520	99%	72	39	56	55	156	157	160	207	183	192	154	190	147	143
Mandaue City	62,456	46259	74%	83	43	69	97	153	143	182	175	192	177	174	168	269	205
Naga City	18,055	15504	86%	31	19	41	25	85	70	136	88	119	113	103	116	98	93
Tagbilaran City	17,454	11121	64%	35	13	21	19	81	78	80	75	71	77	77	72	67	58
Talisay City	36,963	33745	91%	93	69	100	61	248	216	219	224	252	228	256	265	271	248
Tanjan City	13,582	9253	68%	4	4	17	22	52	42	60	55	53	59	48	54	46	50
Toledo City	26,114	16215	62%	17	12	40	24	82	66	122	101	133	100	114	124	116	120
<b>Subtotal</b>	<b>536,536</b>	<b>453308</b>	<b>84%</b>	<b>858</b>	<b>571</b>	<b>976</b>	<b>833</b>	<b>2899</b>	<b>2389</b>	<b>3138</b>	<b>2930</b>	<b>3352</b>	<b>3064</b>	<b>3162</b>	<b>3069</b>	<b>3200</b>	<b>3408</b>
<b>Total</b>	<b>1,313,672</b>	<b>935474</b>	<b>71%</b>	<b>2080</b>	<b>1584</b>	<b>2630</b>	<b>2174</b>	<b>8205</b>	<b>6575</b>	<b>8630</b>	<b>7906</b>	<b>9424</b>	<b>8537</b>	<b>8867</b>	<b>8620</b>	<b>8737</b>	<b>92226</b>

3664

4804

14780

16536

17961

17487

16994

3.97% 5.21%


16.03% 17.93%


19.47%

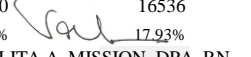
18.96%

18.43%

Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

Validated by:   
**SUSAN Y. ORPILLA**  
 Nutrition Officer III, NNC

Approved by:   
**PAROLITA A. MISSION, DPA, RN.**  
 Regional Nutrition Program Coordinator

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 3 of 4

Region \_\_\_\_\_

Total No.: Province \_\_\_\_\_ City \_\_\_\_\_

Period of Weighing \_\_\_\_\_

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous group & No of PS: \_\_\_\_\_

Please Check:

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Sev. UW Weight  Age

Sev. Stunted Length/Height-for-Age

ev. Wasted Weight-for-Length/Height

Province/City (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Total Number of Children														
			Coverage %	0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145321	68%	112	106	154	130	586	418	562	467	496	463	505	424	388	308
Cebu	325,829	223779	69%	399	312	520	352	1728	1267	1602	1348	1331	1300	1249	1147	1020	870
Oriental Negros	222,407	103742	47%	156	154	230	198	740	615	715	642	606	596	590	474	551	381
Siquijor	15,579	9324	60%	10	14	14	15	39	26	37	29	32	33	28	30	18	16
<b>Subtotal</b>	<b>777,136</b>	<b>482166</b>	<b>62%</b>	<b>677</b>	<b>586</b>	<b>918</b>	<b>695</b>	<b>3,093</b>	<b>2,326</b>	<b>2,916</b>	<b>2,486</b>	<b>2,465</b>	<b>2,392</b>	<b>2,372</b>	<b>2,075</b>	<b>1,977</b>	<b>1,575</b>
<b>Cities</b>		<b>0</b>															
Bais City	12,652	9709	77%	38	27	60	45	133	92	105	90	118	94	86	71	92	57
Bayawan City	19,568	12639	65%	27	22	28	20	96	86	108	91	78	82	76	63	68	38
Bogo City	11,525	11298	98%	6	7	8	2	45	16	22	27	27	18	21	29	12	13
Carcar City	18,578	16185	87%	35	24	25	21	117	76	103	68	71	88	102	82	60	61
Canlaon City	8,534	7380	86%	6	0	18	0	36	0	45	32	43	34	45	23	43	20
Cebu City	158,541	142158	90%	67	46	61	47	202	163	202	187	141	156	149	152	138	107
Danao City	20,679	18566	90%	12	9	17	16	67	52	69	74	62	60	62	57	50	33
Dumaguete City	21,273	15673	74%	2	1	4	10	23	12	9	11	6	6	6	5	5	3
Guihulngan City	15,936	14083	88%	35	18	36	30	135	89	145	114	144	131	121	100	109	100
Lapu-lapu City	74,626	73520	99%	18	20	22	13	74	57	64	67	63	60	61	64	33	47
Mandaue City	62,456	46259	74%	66	28	39	24	83	78	76	78	76	62	63	69	53	51
Naga City	18,055	15504	86%	15	6	19	13	42	33	57	40	34	38	34	32	36	33
Tagbilaran City	17,454	11121	64%	12	11	10	7	33	13	32	33	28	19	23	33	28	26
Talisay City	36,963	33745	91%	44	46	51	39	156	98	114	114	117	110	118	113	126	119
Tanjay City	13,582	9253	68%	2	2	7	5	24	20	20	20	17	22	20	22	16	7
Toledo City	26,114	16215	62%	11	10	16	19	56	43	51	26	49	51	56	44	44	28
<b>Subtotal</b>	<b>536,536</b>	<b>453308</b>	<b>84%</b>	<b>396</b>	<b>277</b>	<b>421</b>	<b>311</b>	<b>1322</b>	<b>928</b>	<b>1222</b>	<b>1072</b>	<b>1074</b>	<b>1031</b>	<b>1043</b>	<b>959</b>	<b>913</b>	<b>743</b>
<b>Total</b>	<b>1,313,672</b>	<b>935474</b>	<b>71%</b>	<b>1073</b>	<b>863</b>	<b>1339</b>	<b>1006</b>	<b>4415</b>	<b>3254</b>	<b>4138</b>	<b>3558</b>	<b>3423</b>	<b>3415</b>	<b>3415</b>	<b>2890</b>	<b>2318</b>	<b>38265</b>

1936 2345 7669 7696 6962 6449 5208  
 5.06% 6.13% 20.04% 20.11% 18.19% 16.85% 13.61%

Prepared by:

NASUDI G. SOLUTA  
 Nutrition Officer II- NNC 7

Validated by: SUSAN Y. ORPILLA  
 Nutrition Officer III, NNC

Approved by: PAROLITA A. MISSION, DPA, RN.  
 Regional Nutrition Program Coordinator

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 4 of 4

Region \_\_\_\_\_ Total No.: Province \_\_\_\_\_ City \_\_\_\_\_ Period of Weighing \_\_\_\_\_  
 Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_ Indigenous group & No of PS: \_\_\_\_\_  
 Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please check:  Overweight  Weight-for-Age  Tall Length/Height-for-Age  Overweight  Weight-for-Length  Height  Obese  Weight-for-Length <sup>1/</sup>/Height

Province/City (1)	Estimated No. of 0-71 mos old PS (2)	Total No of 0-71 mos old PS measured (3)	Coverage %	Total Number of Children													
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Boys (12)	Girls (13)	Boys (14)	Girls (15)	Boys (16)	Girls (17)
<b>Provinces</b>																	
Bohol	213,321	145321	68%	223	171	121	104	174	134	159	124	84	73	73	72	68	49
Cebu	325,829	223779	69%	421	455	272	246	456	394	312	243	171	161	137	91	108	103
Oriental Negros	222,407	103742	47%	164	134	87	183	159	102	100	70	69	65	55	39	45	164
Siquijor	15,579	9324	60%	13	13	7	9	23	14	7	9	1	2	6	1	3	1
<b>Subtotal</b>	<b>777,136</b>	<b>482166</b>	<b>62%</b>	<b>821</b>	<b>773</b>	<b>487</b>	<b>542</b>	<b>812</b>	<b>644</b>	<b>578</b>	<b>446</b>	<b>325</b>	<b>301</b>	<b>271</b>	<b>203</b>	<b>224</b>	<b>317</b>
<b>Cities</b>		0	#DIV/0!														
Bais City	12,652	9709	77%	96	73	44	55	76	72	44	40	17	15	4	6	6	2
Bayawan City	19,568	12639	65%	32	37	13	14	8	10	6	6	7	0	4	2	1	0
Bogo City	11,525	11298	98%	17	19	2	3	11	5	0	0	4	1	0	1	0	0
Carcar City	18,578	16185	87%	37	27	16	19	32	33	27	13	23	15	8	5	4	9
Canlaon City	8,534	7380	86%	0	1	0	2	3	3	1	2	1	1	0	1	1	1
Cebu City	158,541	142158	90%	214	242	140	137	231	221	205	159	126	99	82	68	97	77
Danao City	20,679	18566	90%	29	32	12	5	18	19	13	14	6	2	3	1	1	2
Dumaguete City	21,273	15673	74%	37	22	26	18	22	19	21	25	16	10	7	4	5	8
Guihulngan City	15,936	14083	88%	27	22	28	16	45	42	29	29	19	32	21	24	21	21
Lapu-lapu City	74,626	73520	99%	54	59	33	25	39	49	39	36	20	20	12	17	7	5
Mandaue City	62,456	46259	74%	48	33	26	26	37	34	22	13	12	10	4	4	3	4
Naga City	18,055	15504	86%	12	16	16	16	26	31	17	26	20	17	13	11	27	16
Tagbilaran City	17,454	11121	64%	16	8	21	19	27	21	31	17	17	4	7	5	8	4
Talisay City	36,963	33745	91%	46	23	20	25	59	41	41	31	32	24	27	31	45	26
Tanjay City	13,582	9253	68%	2	9	4	9	10	6	6	4	5	3	7	1	3	2
Toledo City	26,114	16215	62%	21	21	13	12	13	16	11	5	3	2	3	6	1	2
<b>Subtotal</b>	<b>536,536</b>	<b>453308</b>	<b>84%</b>	<b>688</b>	<b>644</b>	<b>414</b>	<b>401</b>	<b>657</b>	<b>622</b>	<b>513</b>	<b>420</b>	<b>328</b>	<b>255</b>	<b>202</b>	<b>187</b>	<b>230</b>	<b>179</b>
<b>Total</b>	<b>1,313,672</b>	<b>935474</b>	<b>71%</b>	<b>1509</b>	<b>1417</b>	<b>901</b>	<b>943</b>	<b>1469</b>	<b>1266</b>	<b>1091</b>	<b>866</b>	<b>653</b>	<b>556</b>	<b>473</b>	<b>390</b>	<b>454</b>	<b>496</b>
				2926	1844	2735	1957	1209	863	950							
				14.77%	14.77%	21.91%	15.68%	9.68%	6.91%	7.61%							

Prepared by:

NASUDI G. SOLUTA  
 Nutrition Officer II- NNC 7

Validated by: SUSAN Y. ORPILLA  
 Nutrition Officer III, NNC

Approved by: PAROLITA A. MISSION, DPA, RN.  
 Regional Nutrition Program Coordinator



Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 1 of 4

Region Central Visayas (R7)

Total No.: Province 4 City 16

Year 2015

Total No. with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous Group/s: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please Check:

Normal Weight-for-Age

Normal Length/Height-for-Age

Normal Weight-for-Length/Height

Province/City	Estimated No.	Total No of	Coverage	Total Number of Children														
	of 0-71 mos old	0-71 mos old		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
	PS	PS measured		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	%	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	
<b>Provinces</b>																		
Bohol	213,321	138341	65%	5853	5452	5473	5195	11814	10720	12192	11123	12455	11424	12428	11262	8109	7624	
Cebu	325,829	209649	64%	7621	7196	7849	7230	16116	15100	16990	15349	17366	15982	17542	16178	16214	14979	
Oriental Negros	222,407	100385	45%	3631	3535	3740	3556	8103	7481	8044	7884	8118	7766	8172	7852	6823	6781	
Siquijor	15,579	9324	60%	260	266	307	310	729	734	771	750	846	774	810	756	734	718	
<b>Subtotal</b>	<b>777,136</b>	<b>457699</b>	<b>59%</b>	<b>17365</b>	<b>16449</b>	<b>17369</b>	<b>16291</b>	<b>36762</b>	<b>34035</b>	<b>37997</b>	<b>35106</b>	<b>38785</b>	<b>35946</b>	<b>38952</b>	<b>36048</b>	<b>31880</b>	<b>30102</b>	
<b>Cities</b>		0	#DIV/0!															
Bais City	12,652	8351	66%	330	294	345	294	677	697	686	666	721	718	739	729	64	47	
Bayawan City	19,568	12894	66%	523	519	490	487	928	925	1027	1009	1048	1021	1063	904	938	840	
Bogo City	11,525	11028	96%	448	395	418	364	967	882	979	955	1020	893	1054	693	904	816	
Carcar City	18,578	16102	87%	642	586	610	569	1275	1205	1381	1203	1324	1272	1321	1212	1123	1081	
Canlaon City	8,534	7384	87%	226	222	255	248	557	517	675	653	646	647	589	590	561	512	
Cebu City	158,541	141351	89%	6124	5748	5337	5031	10751	10230	11543	10568	11331	10494	11431	10577	12722	11815	
Danao City	20,679	18566	90%	692	674	665	668	1579	1499	1599	1475	1571	1478	1583	1471	1378	1280	
Dumaguete City	21,273	13283	62%	464	406	627	561	1286	1158	1394	1199	1334	1261	1364	1211	101	114	
Guihulngan City	15,936	14083	88%	607	564	577	564	999	964	1021	1045	1073	1059	1086	1088	1154	1114	
Lapu-lapu City	74,626	73520	99%	3327	3279	2986	2769	6355	5849	6552	6154	5997	5243	6020	5535	6107	5871	
Mandaue City	62,456	46403	74%	2220	2233	1797	1839	3932	3765	3895	3816	3789	3575	3816	3710	3308	3058	
Naga City	18,055	15657	87%	555	482	644	606	1309	1192	1310	1217	1349	1200	1304	1254	1206	1064	
Tagbilaran City	17,454	10800	62%	475	464	408	399	899	841	919	890	901	878	878	764	613	601	
Talisay City	36,963	33609	91%	1280	1164	1325	1211	2715	2435	2571	2506	2722	2619	2866	2593	3024	2881	
Tanjay City	13,582	7910	58%	422	374	404	335	654	659	741	704	754	735	781	686	85	79	
Toledo City	26,114	0	0%															
<b>Subtotal</b>	<b>536,536</b>	<b>430941</b>	<b>80%</b>	<b>18335</b>	<b>17404</b>	<b>16888</b>	<b>15945</b>	<b>34883</b>	<b>32818</b>	<b>36293</b>	<b>34060</b>	<b>35580</b>	<b>33093</b>	<b>35895</b>	<b>33017</b>	<b>33288</b>	<b>31173</b>	
<b>Total</b>	<b>1,313,672</b>	<b>888640</b>	<b>68%</b>	<b>35700</b>	<b>33853</b>	<b>34257</b>	<b>32236</b>	<b>71645</b>	<b>66853</b>	<b>74290</b>	<b>69166</b>	<b>74365</b>	<b>69039</b>	<b>74847</b>	<b>69065</b>	<b>65168</b>	<b>61275</b>	<b>831759</b>

Prepared by:

**NASUDI G. SOLUTA**  
Nutrition Officer II- NNC 7

Validated by: **SUSAN Y. ORPILLA**  
Nutrition Officer III, NNC

Approved by: **PAROLITA A. MISSION, DPA. RN.**  
Regional Nutrition Program Coordinator

69553      66493      138498      143456      143404      143912      126443  
8.5%      7.99%      16.65%      17.25%      17.24%      17.30%      15.20%

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 2 of 4

Region \_\_\_\_\_

Total No.: Province \_\_\_\_\_ City \_\_\_\_\_

Period of Weighing \_\_\_\_\_

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous group & No of PS: \_\_\_\_\_

Please Check:

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_


Underweight Weight-for-Age

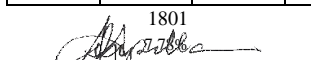
Stunted Length/Height-for-Age

Wasted Weight-for-Length/Height

Province/City	Estimated No. of 0-71 mos old	Total No of 0-71 mos old	Coverage	Total Number of Children													
				0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
				Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
(1)	(2)	(3)	%	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)
<b>Provinces</b>																	
Bohol	213,321	138341	65%	132	110	161	136	378	327	369	321	348	370	315	309	211	205
Cebu	325,829	209649	64%	252	218	287	260	688	544	642	553	561	543	532	452	456	451
Oriental Negros	222,407	100385	45%	158	131	194	138	398	306	390	316	341	315	293	265	242	200
Siquijor	15,579	9324	60%	6	6	9	5	25	15	15	25	28	11	18	13	12	16
<b>Subtotal</b>	<b>777,136</b>	<b>457699</b>	<b>59%</b>	<b>548</b>	<b>465</b>	<b>651</b>	<b>539</b>	<b>1489</b>	<b>1192</b>	<b>1416</b>	<b>1215</b>	<b>1278</b>	<b>1239</b>	<b>1158</b>	<b>1039</b>	<b>921</b>	<b>872</b>
<b>Cities</b>		0	#DIV/0!														
Bais City	12,652	8351	66%	26	25	21	23	59	41	47	53	52	27	41	45	5	4
Bayawan City	19,568	12894	66%	16	20	15	9	43	37	39	37	51	46	29	31	28	28
Bogo City	11,525	11028	96%	4	7	10	1	8	8	10	6	11	5	5	7	1	5
Carcar City	18,578	16102	87%	20	23	21	27	46	34	45	33	38	30	23	32	29	33
Canlaon City	8,534	7384	87%	14	3	10	13	28	23	15	11	28	23	25	21	23	24
Cebu City	158,541	141351	89%	178	179	181	172	411	358	402	337	295	264	250	267	227	282
Danao City	20,679	18566	90%	19	13	15	13	33	38	49	33	50	36	21	34	16	22
Dumaguete City	21,273	13283	62%	18	6	17	12	50	25	37	33	33	32	31	28	4	6
Guihulngan City	15,936	14083	88%	13	9	21	14	39	37	62	47	39	35	31	23	24	28
Lapu-lapu City	74,626	73520	99%	27	22	29	16	56	38	59	52	59	44	41	47	26	24
Mandaue City	62,456	46403	74%	21	21	18	25	51	43	44	49	48	37	67	57	82	49
Naga City	18,055	15657	87%	18	13	21	20	38	31	29	30	32	38	28	23	34	24
Tagbilaran City	17,454	10800	62%	11	13	27	15	36	30	38	27	28	19	18	27	12	19
Talisay City	36,963	33609	91%	24	16	19	22	37	20	42	35	51	44	41	43	35	29
Tanjay City	13,582	7910	58%	6	3	12	3	30	28	18	24	19	19	9	15	1	4
Toledo City	26,114	0	0%														
<b>Subtotal</b>	<b>536,536</b>	<b>430941</b>	<b>80%</b>	<b>415</b>	<b>373</b>	<b>437</b>	<b>385</b>	<b>965</b>	<b>791</b>	<b>936</b>	<b>807</b>	<b>834</b>	<b>699</b>	<b>660</b>	<b>700</b>	<b>547</b>	<b>581</b>
<b>Total</b>	<b>1,313,672</b>	<b>888640</b>	<b>68%</b>	<b>963</b>	<b>838</b>	<b>1088</b>	<b>924</b>	<b>2454</b>	<b>1983</b>	<b>2352</b>	<b>2022</b>	<b>2112</b>	<b>1938</b>	<b>1818</b>	<b>1739</b>	<b>1468</b>	<b>1453</b>

Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

1801  
  
 Validated by: **SUSAN Y. ORPILLA**  
 Nutrition Officer III, NNC

2012  
 8.69%  
 4437  
 19.66%  
 4374  
 18.89%  
 4050  
 17.49%  
 3557  
 15.36%  
 2921  
 12.62%  
 Approved by: **PAROLITA A. MISSION, DPA. RN.**  
 Regional Nutrition Program Coordinator

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 3 of 4

Region \_\_\_\_\_

Total No.: Province \_\_\_\_\_ City \_\_\_\_\_

Period of Weighing \_\_\_\_\_

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous group & No of PS: \_\_\_\_\_

Please Check:

Sev. UW Weight-for-Age


Sev. Stunted Length/Height-for-Age

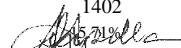
Sev. Wasted Weight-for-Length/Height

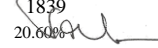
Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Province/City	Estimated No.	Total No of	Coverage	Total Number of Children														
	of 0-71 mos old	0-71 mos old		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
	PS	PS measured		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	%	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	
<b>Provinces</b>																		
Bohol	213,321	138341		81	65	51	35	118	106	98	72	78	68	64	54	49	42	
Cebu	325,829			256	218	147	148	318	273	249	223	189	211	196	169	298	259	
Oriental Negros	222,407			135	118	85	78	183	157	154	166	128	109	95	70	63	66	
Siquijor	15,579			6	8	9	2	8	8	5	6	4	4	3	3	2	1	
<b>Subtotal</b>	<b>777,136</b>			<b>478</b>	<b>409</b>	<b>292</b>	<b>263</b>	<b>627</b>	<b>544</b>	<b>506</b>	<b>467</b>	<b>399</b>	<b>392</b>	<b>358</b>	<b>296</b>	<b>412</b>	<b>368</b>	
<b>Cities</b>																		
Bais City	12,652			25	21	20	15	28	34	29	19	21	20	16	6	1	2	
Bayawan City	19,568			15	25	10	6	13	17	22	16	13	16	7	13	5	5	
Bogo City	11,525			6	4	1	1	5	2	0	1	3	0	2	0	1	0	
Carcar City	18,578			18	22	12	25	36	31	16	12	12	10	24	19	13	9	
Canlaon City	8,534			9	5	9	5	19	9	11	3	14	6	6	7	2	10	
Cebu City	158,541			80	60	43	34	90	61	71	45	69	34	47	42	36	33	
Danao City	20,679			11	6	8	2	12	11	10	11	4	6	5	2	1	3	
Dumaguete City	21,273			6	5	7	5	11	7	10	9	8	4	6	1	0	0	
Guihulngan City	15,936			22	17	11	5	27	19	27	19	10	22	7	11	10	18	
Lapu-lapu City	74,626			20	20	10	6	22	26	18	18	8	12	13	8	3	8	
Mandaue City	62,456			28	29	11	10	32	25	41	19	18	18	21	25	16	33	
Naga City	18,055			9	6	9	9	12	20	17	18	10	11	19	11	10	14	
Tagbilaran City	17,454			7	2	14	11	16	14	22	18	14	4	12	7	1	4	
Talisay City	36,963			13	16	11	7	24	24	18	11	12	13	18	13	9	15	
Tanjay City	13,582			3	5	7	7	16	5	11	4	9	14	5	4	1	0	
Toledo City	26,114																	
<b>Subtotal</b>	<b>536,536</b>			<b>272</b>	<b>243</b>	<b>183</b>	<b>148</b>	<b>363</b>	<b>305</b>	<b>323</b>	<b>223</b>	<b>225</b>	<b>190</b>	<b>208</b>	<b>169</b>	<b>109</b>	<b>154</b>	
<b>Total</b>	<b>1,313,672</b>			<b>750</b>	<b>652</b>	<b>475</b>	<b>411</b>	<b>990</b>	<b>849</b>	<b>829</b>	<b>690</b>	<b>624</b>	<b>582</b>	<b>566</b>	<b>465</b>	<b>521</b>	<b>522</b>	<b>8926</b>

Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

1402  
  
 Validated by: **SUSAN Y. ORPILLA**  
 Nutrition Officer III, NNC

886 9.93%  
 1839 20.60%  
 1519 17.02%  
  
 Approved by: **PAROLITA A. MISSION, DPA. RN.**  
 Regional Nutrition Program Coordinator

1206 13.51%  
 1031 11.55%  
 1043 11.68%

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 4 of 4

Region \_\_\_\_\_

Total No.: Province \_\_\_\_\_ City \_\_\_\_\_

Period of Weighing \_\_\_\_\_

Total No.with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous group & No of PS: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please check:

Overweight Weight-for-Age


Tall Length/Height-for-Age

Overweight Weight-for-Length<sup>1</sup>/Height<sup>2</sup>


Obese Weight-for-Length<sup>1</sup>/Height<sup>2</sup>

Province/City	Estimated No.	Total No of	Coverage	Total Number of Children														
	of 0-71 mos old	0-71 mos old		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months		
	PS	PS measured		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	
(1)	(2)	(3)	%	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	
<b>Provinces</b>																		
Bohol	213,321	138341	65%	169	140	96	64	152	108	120	113	125	105	159	106	71	72	
Cebu	325,829	209649	64%	462	374	341	299	528	459	454	419	498	351	392	301	332	279	
Oriental Negros	222,407	100385	45%	270	240	137	142	190	175	193	118	150	142	147	95	108	84	
Siquijor	15,579	9324	60%	18	15	9	19	12	11	15	15	12	6	10	13	18	5	
<b>Subtotal</b>	<b>777,136</b>	<b>457699</b>	<b>59%</b>	<b>919</b>	<b>769</b>	<b>583</b>	<b>524</b>	<b>882</b>	<b>753</b>	<b>782</b>	<b>665</b>	<b>785</b>	<b>604</b>	<b>708</b>	<b>515</b>	<b>529</b>	<b>440</b>	
<b>Cities</b>			#DIV/0!															
Bais City	12,652	8351	66%	38	33	24	26	32	28	20	21	37	25	30	24	3	1	
Bayawan City	19,568	12894	66%	34	39	21	14	21	25	27	28	26	31	23	12	19	6	
Bogo City	11,525	11028	96%	10	5	5	3	4	5	6	2	5	4	7	0	7	0	
Carcar City	18,578	16102	87%	43	24	18	18	36	30	35	33	30	28	38	23	31	29	
Canlaon City	8,534	7384	87%	7	9	3	5	7	8	14	4	10	6	1	7	10	3	
Cebu City	158,541	141351	89%	160	102	75	80	172	170	162	151	158	123	177	114	144	105	
Danao City	20,679	18566	90%	36	32	20	15	35	21	30	26	29	9	26	19	18	3	
Dumaguete City	21,273	13283	62%	18	26	14	17	40	40	22	27	10	18	21	12	2	2	
Guihulngan City	15,936	14083	88%	42	25	20	17	36	31	19	19	19	17	14	18	18	21	
Lapu-lapu City	74,626	73520	99%	65	60	21	21	33	38	44	32	39	47	36	28	20	15	
Mandaue City	62,456	46403	74%	72	70	21	18	34	31	37	33	35	25	22	17	13	12	
Naga City	18,055	15657	87%	27	19	20	24	26	23	15	14	14	11	16	11	19	15	
Tagbilaran City	17,454	10800	62%	19	13	14	5	20	17	30	19	33	26	14	11	17	12	
Talisay City	36,963	33609	91%	35	44	19	28	33	29	34	28	41	27	19	21	22	18	
Tanjay City	13,582	7910	58%	15	11	11	3	10	17	26	18	17	8	6	6	1	1	
Toledo City	26,114	0	0%															
<b>Subtotal</b>	<b>536,536</b>	<b>430941</b>	<b>80%</b>	<b>621</b>	<b>512</b>	<b>306</b>	<b>294</b>	<b>539</b>	<b>513</b>	<b>521</b>	<b>455</b>	<b>503</b>	<b>405</b>	<b>450</b>	<b>323</b>	<b>344</b>	<b>243</b>	
<b>Total</b>	<b>1,313,672</b>	<b>888640</b>	<b>68%</b>	<b>1540</b>	<b>1281</b>	<b>889</b>	<b>818</b>	<b>1421</b>	<b>1266</b>	<b>1303</b>	<b>1120</b>	<b>1288</b>	<b>1009</b>	<b>1158</b>	<b>838</b>	<b>873</b>	<b>683</b>	<b>15487</b>

Prepared by:

  
**NASUDI G. SOLUTA**  
 Nutrition Officer II- NNC 7

Validated by:   
**SUSAN Y. ORPILLA**  
 Nutrition Officer III, NNC

Approved by:   
**PAROLITA A. MISSION, DPA. RN.**  
 Regional Nutrition Program Coordinator

2821 1707 2687 2423 2297 1996 1556  
 11.02% 17.35% 15.65% 14.83% 12.89% 10.05%

**OPT Plus Form 4. Regional Consolidation Sheet of Operation Timbang Plus Results**

Revised February 2012 Page 3 of 4

Region \_\_\_\_\_

Total No.: Province \_\_\_\_\_ City \_\_\_\_\_

Period of Weighing \_\_\_\_\_

Total No. with OPT Plus Results: Province \_\_\_\_\_ City \_\_\_\_\_

Indigenous group & No of PS: \_\_\_\_\_

Number of Indigenous PS measured: 0-59 mos old \_\_\_\_\_ 0-71 mos old \_\_\_\_\_

Please check:

**Overweight** **Weight-for-Age**

**Tall** **Length/Height-for-Age**

**Obese** **Weight-for-Length<sup>1</sup>/Height<sup>2</sup>**

Province/City	Total No of		Coverage %	Total Number of Children													
	0-71 mos	0-71 mos old		0-5 months		6-11 months		12-23 months		24-35 months		36-47 months		48-59 months		60-71 months	
	PS	PS measure		Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	
<b>Provinces</b>																	
Bohol	213,321	138341	65%	115	84	53	47	84	68	74	51	66	54	87	45	45	71
Cebu	325,829	209649	64%	286	222	143	135	243	225	246	172	229	170	242	169	217	156
Oriental Negros	222,407	100385	45%	227	198	90	67	102	97	96	59	96	83	103	66	80	50
Siquijor	15,579	9324	60%	12	10	10	8	7	4	11	7	7	7	9	6	5	5
<b>Subtotal</b>	<b>777,136</b>	<b>457699</b>	<b>59%</b>	<b>640</b>	<b>514</b>	<b>296</b>	<b>257</b>	<b>436</b>	<b>394</b>	<b>427</b>	<b>289</b>	<b>398</b>	<b>314</b>	<b>441</b>	<b>286</b>	<b>347</b>	<b>282</b>
<b>Cities</b>		0	#DIV/0!														
Bais City	12,652	8351	66%	42	43	17	19	23	22	18	15	27	13	22	12	3	0
Bayawan City	19,568	12894	66%	48	41	12	10	21	14	15	15	11	11	16	8	9	3
Bogo City	11,525	11028	96%	10	8	1	1	5	3	9	5	1	3	6	2	6	3
Carcar City	18,578	16102	87%	20	21	8	11	15	12	14	10	15	12	16	13	12	10
Canlaon City	8,534	7384	87%	0	3	0	2	1	7	0	1	0	0	1	0	1	0
Cebu City	158,541	141351	89%	106	76	51	57	105	100	109	80	95	71	90	70	107	91
Danao City	20,679	18566	90%	25	10	8	9	17	12	10	7	10	7	14	4	11	7
Dumaguete City	21,273	13283	62%	14	14	6	5	12	13	10	7	14	6	9	11	2	0
Guihulngan City	15,936	14083	88%	25	25	18	12	12	20	21	12	16	10	10	4	14	6
Lapu-lapu City	74,626	73520	99%	26	31	9	11	22	23	19	21	23	19	13	10	11	7
Mandaue City	62,456	46403	74%	66	65	21	9	10	17	12	6	11	9	13	10	14	9
Naga City	18,055	15657	87%	16	14	11	10	15	14	9	12	9	7	12	8	9	11
Tagbilaran City	17,454	10800	62%	5	3	4	0	11	6	15	7	15	6	16	14	27	25
Talisay City	36,963	33609	91%	48	44	45	28	54	44	56	55	52	46	48	34	43	40
Tanjay City	13,582	7910	58%	7	1	2	3	11	3	7	6	7	4	7	3	0	4
Toledo City	26,114	0	0%														
<b>Subtotal</b>	<b>536,536</b>	<b>430941</b>	<b>80%</b>	<b>458</b>	<b>399</b>	<b>213</b>	<b>187</b>	<b>334</b>	<b>310</b>	<b>324</b>	<b>259</b>	<b>306</b>	<b>224</b>	<b>293</b>	<b>203</b>	<b>269</b>	<b>216</b>
<b>Total</b>	<b>1,313,672</b>	<b>888640</b>	<b>68%</b>	<b>1098</b>	<b>913</b>	<b>509</b>	<b>444</b>	<b>770</b>	<b>704</b>	<b>751</b>	<b>548</b>	<b>704</b>	<b>538</b>	<b>734</b>	<b>489</b>	<b>616</b>	<b>498</b>

9316

Prepared by:

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Nutrition Officer III, NNC

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Regional Nutrition Program Coordinator

2011 953 1474 1299 1242 1223 1114  
21.5% 10.23% 15.82% 13.94% 13.33% 13.13% 11.96%

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OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus  
Revised February 2012 Page 1 of 3

Region VII: Central Visayas Year/Period of Measurement \_\_\_\_\_ Estimated No. of PS: 0-59 months old2/ \_\_\_\_\_ 0-71 months old3/ \_\_\_\_\_  
Total No. of \_\_\_\_\_ Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ Total Population of Region/Source \_\_\_\_\_ Actual No of PS measured: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
Total No. with OPT Plus Results: \_\_\_\_\_ Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ Indigenous Group: (Please specify) \_\_\_\_\_ Percent OPT Plus Coverage: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
Percent OPT Plus Coverage: \_\_\_\_\_ Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ No. of Indigenous PS measured: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
CY 20 \_\_\_\_\_ Prevalence Rate UW & SUW<sup>1/</sup>: \_\_\_\_\_ Prevalence Rate of UW & SUW: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_

Age Group (1)	Weight for Age Status											Total, by age group							
	Normal (N)		Underweight (UW)		Sev Underweight (SUW)		Overweight (OW)		TOTAL			Total N		Total UW		Total SUW		Total OW	
	Boys (2)	Girls (3)	Boys (4)	Girls (5)	Boys (6)	Girls (7)	Boys (8)	Girls (9)	Boys (10)	Girls (11)	Total (12)	No (13)	Prev (14)	No (15)	Prev (16)	No (17)	Prev (18)	No (19)	Prev (20)
0-5 months (R1)	42143	40110	663	480	273	232	1138	911	44217	41733	85950	82253	95.70%	1143	1.33%	505	0.59%	2049	2.38%
6-11 months (R2)	39817	37584	1127	840	322	252	496	424	41762	39100	80862	77401	95.72%	1967	2.43%	574	0.71%	920	1.14%
12-23 months (R3)	80916	75929	3527	2741	937	704	848	660	86228	80034	166262	156845	94.34%	6268	3.77%	1641	0.99%	1508	0.91%
24-35 months (R4)	82978	77270	3814	3589	934	835	683	543	88409	82237	170646	160248	93.91%	7403	4.34%	1769	1.04%	1226	0.72%
36-47 months (R5)	83014	76329	3899	3925	904	884	636	443	88453	81581	170034	159343	93.71%	7824	4.60%	1788	1.05%	1079	0.63%
48-59 months (R6)	83283	76641	3890	3927	805	797	676	425	88654	81790	170444	159924	93.83%	7817	4.59%	1602	0.94%	1101	0.65%
60-71 months (R7)	80525	75591	3949	3869	761	779	624	399	85859	80638	166497	156116	93.77%	7818	4.70%	1540	0.92%	1023	0.61%
Total (R8)																			
0-59 mos	412151	383863	16920	15502	4175	3704	4477	3406	437723	406475	844198	796014	94.29%	32422	3.84%	7879	0.93%	7883	0.93%
0-71 mos	492676	459454	20869	19371	4936	4483	5101	3805	523582	487113	1010695	952130	94.21%	40240	3.98%	9419	0.93%	8906	0.88%
Prev (R9)																			
0-59 mos	49%	45%	2%	2%	0%	0%	1%	0%											
0-71 mos	49%	45%	2%	2%	0%	0%	1%	0%											

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months  
d) Prev (C22,24,26,28) - refers to the prevalence rate by total by age group 1/ 0-59 months = 13.5 x Total Population 2/ 0-71 months = 16.2 x Total Population 3/ Refers to previous year prevalence rate of the area

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by NASUDIG. SOLUTA Validated by: SUSAN Y. ORPILLA Approved by: PAROLITA A. MISSION, DPA, RN.  
Nutrition Officer II- NNC Nutrition Officer III, NNC Regional Nutrition Program Coordinator


Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus  
Revised February 2012 Page 2 of 3

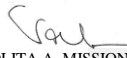
Region \_\_\_\_\_ Year/Period of Measurement \_\_\_\_\_ Estimated No. of PS: 0-59 months old<sup>2/</sup> \_\_\_\_\_ 0-71 months old<sup>3/</sup> \_\_\_\_\_  
Total No. of \_\_\_\_\_ Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ Total Population of Region/Source \_\_\_\_\_ Actual No of PS measured: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
Total No. with OPT Plus Results: Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ Indigenous Group: (Please specify) \_\_\_\_\_ Percent OPT Plus Coverage: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
Percent OPT Plus Coverage: Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ No. of Indigenous PS measured: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
CY 20 \_\_\_\_\_ Prevalence Rate UW & SUW<sup>1/</sup>: \_\_\_\_\_ Prevalence Rate of UW & SUW: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_

Age Group	Length/Height for Age Status											Total, by age group							
	Normal (N)		Stunted /Short (St)		Severely Stunted (SSt)		Tall (T)		TOTAL			Total N		Total St		Total SSt		Total T	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)
0-5 months (R1)	36616	34705	2080	1584	1073	863	1509	1417	41278	38569	79847	71321	89.32%	3664	4.59%	1936	2.42%	2926	3.66%
6-11 months (R2)	33442	32235	2630	2174	1339	1006	901	943	38312	36358	74670	65677	87.96%	4804	6.43%	2345	3.14%	1844	2.47%
12-23 months (R3)	65939	62930	8205	6575	4415	3254	1469	1266	80028	74025	154053	128869	83.65%	14780	9.59%	7669	4.98%	2735	1.78%
24-35 months (R4)	68750	64762	8630	7906	4138	3558	1091	866	82609	77092	159701	133512	83.60%	16536	10.35%	7696	4.82%	1957	1.23%
36-47 months (R5)	68124	62877	9424	8537	3539	3423	653	556	81740	75393	157133	131001	83.37%	17961	11.43%	6962	4.43%	1209	0.77%
48-59 months (R6)	69373	63384	8867	8620	3415	3034	473	390	82128	75428	157556	132757	84.26%	17487	11.10%	6449	4.09%	863	0.55%
60-71 months (R7)	66454	62908	8737	8257	2890	2318	454	496	78535	73979	152514	129362	84.82%	16994	11.14%	5208	3.41%	950	0.62%
Total (R8)																			
0-59 mos	342244	320893	39836	35396	17919	15138	6096	5438	406095	376865	782960	663137	84.70%	75232	9.61%	33057	4.22%	11534	1.47%
0-71 mos	408698	383801	48573	43653	20809	17456	6550	5934	484630	450844	935474	792499	84.72%	92226	9.86%	38265	4.09%	12484	1.33%
Prev (R9)																			
0-59 mos	44%	41%	5%	5%	2%	2%	1%	1%											
0-71 mos	44%	41%	5%	5%	2%	2%	1%	1%											

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months  
d) Prev (C14, 16, 18, 20) - refers to the prevalence rate by total age group per nutritional status 1/Previous year prevalence rate 2/0-59 months old = 13.5 x Total Population 3/0-71 months old = 16.2 x Total Population

Prepared by:   
NASUDI G. SOLUTA  
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Validated by:   
SUSANY ORPILLA  
Nutrition Officer III, NNC

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Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4A. Regional Summary Report on Operation Timbang Plus  
Revised February 2012 Page 3 of 3

Region \_\_\_\_\_ Year/Period of Measurement \_\_\_\_\_  
Total No. of \_\_\_\_\_ Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ Total Population of Region/Source \_\_\_\_\_  
Total No. with OPT Plus Results: Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_ Indigenous Group: (Please specify) \_\_\_\_\_  
Percent OPT Plus Coverage: Prov \_\_\_\_\_ City \_\_\_\_\_ Mun \_\_\_\_\_  
CY 20 \_\_\_\_\_ Prevalence Rate UW & SUW<sup>1/</sup>: \_\_\_\_\_

Estimated No. of PS: 0-59 months old<sup>2/</sup> \_\_\_\_\_ 0-71 months old<sup>3/</sup> \_\_\_\_\_  
Actual No of PS measured: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
Percent OPT Plus Coverage: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
No. of Indigenous PS measured: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_  
Prevalence Rate of UW & SUW: 0-59 months old \_\_\_\_\_ 0-71 months old \_\_\_\_\_

Age Group	Weight for Length/Height Status													Total, by age group									
	Normal (N)		Wasted (W)		Severely Wasted (SW)		Overweight (OW)		Obese (Ob)		TOTAL			Total N		Total W		Total SW		Total OW		Total Ob	
	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Total	No	Prev	No	Prev	No	Prev	No	Prev	No	Prev
(1)	(2)	(3)	(4)	(5)	(6)	(7)	(8)	(9)	(10)	(11)	(12)	(13)	(14)	(15)	(16)	(17)	(18)	(19)	(20)	(21)	(22)	(23)	(24)
0-5 months (R1)	35700	33853	963	838	750	652	1540	1281	1098	913	40051	37537	77588	69553	89.64%	1801	2.32%	1402	1.81%	2821	3.64%	2011	2.59%
6-11 months (R2)	34257	32236	1088	924	475	411	889	818	509	444	37218	34833	72051	66493	92.29%	2012	2.79%	886	1.23%	1707	2.37%	953	1.32%
12-23 months (R3)	71645	66853	2454	1983	990	849	1421	1266	770	704	77280	71655	148935	138498	92.99%	4437	2.98%	1839	1.23%	2687	1.80%	1474	0.99%
24-35 months (R4)	74290	69166	2352	2022	829	690	1303	1120	751	548	79525	73546	153071	143456	93.72%	4374	2.86%	1519	0.99%	2423	1.58%	1299	0.85%
36-47 months (R5)	74365	69039	2112	1938	624	582	1288	1009	704	538	79093	73106	152199	143404	94.22%	4050	2.66%	1206	0.79%	2297	1.51%	1242	0.82%
48-59 months (R6)	74847	69065	1818	1739	566	465	1158	838	734	489	79123	72596	151719	143912	94.85%	3557	2.34%	1031	0.68%	1996	1.32%	1223	0.81%
60 months (R7)	65168	61275	1468	1453	521	522	873	683	616	498	68646	64431	133077	126443	95.01%	2921	2.19%	1043	0.78%	1556	1.17%	1114	0.84%
Total (R8)																							
0-59 mos	365104	340212	10787	9444	4234	3649	7599	6332	4566	3636	392290	363273	755563	705316	93.35%	20231	2.68%	7883	1.04%	13931	1.84%	8202	1.09%
0-71 mos	430272	401487	12255	10897	4755	4171	8472	7015	5182	4134	460936	427704	888640	831759	93.60%	23152	2.61%	8926	1.00%	15487	1.74%	9316	1.05%
Prev (R9)																							
0-59 mos	48%	45%	1%	1%	1%	0%	1%	1%	1%	0%													
0-71 mos	48%	45%	1%	1%	1%	0%	1%	1%	1%	0%													

Note: a) R1 means Row No. 1, R2 means Row 2, etc. b) Total (R8) - refers to the sum of preschoolers by nutritional status and by age group c) Prev (R9) - refers to the prevalence rate by sex, by nutritional status for age group 0- 59 months and 0- 71 months  
d) Prev (C22,24,26,28) - refers to the prevalence rate by total by age group 1/ 0-59 months = 13.5 x Total Population 2/ 0-71 months = 16.2 x Total Population 3/ Refers to previous year prevalence rate of the area

Use WEIGHT-FOR-LENGTH for 0-23 months old preschool children and WEIGHT-FOR-HEIGHT for 24-60 months old preschool children.

Use WEIGHT-FOR-LENGTH or WEIGHT-FOR-HEIGHT to correctly determine overweight and obesity

Prepared by: NASUDI E. SOLUTA Validated by: SUSAN Y. ORPILLA Approved by: PAROLITA A. MISSION, DPA, RN  
Nutrition Officer II- NNC Nutrition Officer III, NNC Regional Nutrition Program Coordinator



Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL

OPT Plus Form 4B. Report on Regional Coverage of Operation Timbang Plus

Revised February 2012

Region VII: Central Visayas

Total Population/Source \_\_\_\_\_

CY2014 \_\_\_\_ Prevalence Rate Weight-for-Age \_\_\_\_\_

Year/Period of Measurement 1st Q 2014

No. of Indigenous Group/s measured \_\_\_\_\_

Prevalence Rate Weight/Age \_\_\_\_\_

Length-Height/Age \_\_\_\_\_

Weight/Length-Height \_\_\_\_\_

Province/City (1)	Total Number of Municipalities (2)	Number of Municipalities with OPT Results (3)	Total Number of Barangays (4)	Number of Barangays with OPT Results (5)	Estimated Number of Preschoolers Aged 0-71 months (6)	Actual Number of Preschoolers		% Coverage	
						Weight (7)	Height (8)	Weight (9)	Height (10)
<b>Provinces</b>									
Bohol	47	47	1,094	1,094	213,321	145467	145321	68.2%	68.12%
Cebu	43	43	892	892	325,829	272445	223779	83.6%	68.68%
Oriental Negros	19	18	395	395	222,407	110054	103742	49.5%	46.65%
Siquijor	6	6	134	134	15,579	9324	9324	59.8%	59.85%
<b>Subtotal</b>					<b>777,136</b>	<b>537290</b>	<b>486626</b>	<b>69.1%</b>	<b>62.62%</b>
<b>Cities</b>							0		
Bais City			35	35	12,652	9709	9709	76.7%	76.74%
Bayawan City			28	28	19,568	14032	12639	71.7%	64.59%
Bogo City			29	29	11,525	11298	11298	98.0%	98.03%
Carcar City			15	15	18,578	16038	16185	86.3%	87.12%
Canlaon City			12	12	8,534	7380	7380	86.5%	86.48%
Cebu City			80	80	158,541	150196	142158	94.7%	89.67%
Danao City			42	42	20,679	18854	18566	91.2%	89.78%
Dumaguete City			30	30	21,273	15674	15673	73.7%	73.68%
Guihulngan City			33	33	15,936	14083	14083	88.4%	88.37%
Lapu-lapu City			30	30	74,626	73520	73520	98.5%	98.52%
Mandaue City			27	27	62,456	46931	46259	75.1%	74.07%
Naga City			28	28	18,055	15739	15504	87.2%	85.87%
Tagbilaran City			15	15	17,454	11606	11121	66.5%	63.72%
Talisay City			22	22	36,963	33745	33745	91.3%	91.29%
Tanjay City			24	24	13,582	9253	9253	68.1%	68.13%
Toledo City			38	38	26,114	25347	16215	97.1%	62.09%
<b>Subtotal</b>					<b>536,536</b>	<b>473405</b>	<b>453308</b>	<b>88.2%</b>	<b>84.49%</b>
<b>Total</b>					<b>1,313,672</b>	<b>1010695</b>	<b>939934</b>	<b>76.9%</b>	<b>71.55%</b>

Prepared by:

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Regional Nutrition Program Coordinator

Department of Health  
NATIONAL NUTRITION COUNCIL REGION VII

**REGIONAL SUMMARY REPORT ON OPERATION TIMBANG**

Total No. of Provinces: 4  
Total No. of Cities : 16  
Percent OPT Coverage: 81.74

Weighing Period and Year: Jan. to March 2014  
Estimated No. of PSC. 0-71 mos.: 1,184,086  
Actual No. of PSC 0-71 mos. Weighed: 967,868

<b>WEIGHT FOR AGE</b>										
PROVINCES/ CITIES	Est.No. of PSC 0-71 mos.	Total No. of PSC Weighed	% OPT Coverage	No. of Preschoolers Weighed by Nutritional Status				Total UW & SUW	PREV	OW PREV
				Normal	OW	UW	SUW			
Provinces										
BOHOL	213,321	145467	68.19%	138436	731	5454	846	6300	4.33%	0.50%
CEBU	325,829	272445	83.62%	249341	3276	15798	4030	19828	7.28%	1.20%
NEGROS ORIENTA	222,407	110054	49.48%	101344	1063	6177	1470	7647	6.95%	0.97%
SIQUIJOR	15,579	9324	59.85%	8721	108	434	61	495	5.31%	1.16%
<b>Subtotal</b>	<b>777,136</b>	<b>537290</b>	<b>69.14%</b>	<b>497842</b>	<b>5178</b>	<b>27863</b>	<b>6407</b>	<b>34270</b>	<b>6.38%</b>	<b>0.96%</b>
Cities			#DIV/0!	0	0	0	0	0		
Bais City	12,652	9709	76.74%	8566	229	677	237	914	9.41%	2.36%
Bayawan City	19,568	14032	71.71%	13023	112	719	178	897	6.39%	0.80%
Bogo City	11,525	11298	98.03%	10975	53	241	29	270	2.39%	0.47%
Carcar City	18,578	16038	86.33%	14953	189	661	235	896	5.59%	1.18%
Canlaon City	8,534	7380	86.48%	7087	18	218	57	275	3.73%	0.24%
Cebu City	158,541	150196	94.74%	143749	1488	4043	916	4959	3.30%	0.99%
Danao City	20,679	18854	91.17%	17890	117	763	84	847	4.49%	0.62%
Dumaguete City	21,273	15674	73.68%	15190	128	351	5	356	2.27%	0.82%
Guihulngan City	15,936	14083	88.37%	12537	97	1165	284	1449	10.29%	0.69%
Lapu-lapu City	74,626	73520	98.52%	72438	249	657	176	833	1.13%	0.34%
Mandaue City	62,456	46931	75.14%	45650	271	793	217	1010	2.15%	0.58%
Naga City	18,055	15739	87.17%	15040	102	498	99	597	3.79%	0.65%
Tagbilaran City	17,454	11606	66.49%	11160	122	279	45	324	2.79%	1.05%
Talisay City	36,963	33745	91.29%	32591	402	556	196	752	2.23%	1.19%
Tanjay City	13,582	9253	68.13%	8754	93	331	75	406	4.39%	1.01%
Toledo City	26,114	25347	97.06%	24685	58	425	179	604	2.38%	0.23%
<b>Subtotal</b>	<b>536,536</b>	<b>473405</b>	<b>88.23%</b>	<b>454288</b>	<b>3728</b>	<b>12377</b>	<b>3012</b>	<b>15389</b>	<b>3.25%</b>	<b>0.79%</b>
<b>TOTAL</b>	<b>1,313,672</b>	<b>1,010,695</b>	<b>76.94%</b>	<b>952130</b>	<b>8906</b>	<b>40240</b>	<b>9419</b>	<b>49659</b>	<b>4.91%</b>	<b>0.88%</b>

4  
1  
2  
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Note: N- Normal, UW- Underweight, SUW- Severly Underweight, OW- Overweight, PSC - Pre School Children

Department of Health  
NATIONAL NUTRITION COUNCIL REGION VII

**REGIONAL SUMMARY REPORT ON OPERATION TIMBANG**

Total No. of Provinces: 4  
Total No. of Cities : 16  
Percent OPT Coverage: 60.04

Weighing Period and Year: Jan. to March 2014  
Estimated No. of PSC. 0-71 mos.: 1,184,086  
Actual No. of PSC 0-71 mos. Weighed: 710983

<b>HEIGHT/LENGTH FOR AGE</b>										
	Est.No. of	Total No. of	% OPT	No. of Preschoolers Weighed by				Total S	PREV	TALL
PROVINCES/	PSC 0-71	PSC	Coverage	Nutritional Status				& SS		PREV
CITIES	mos.	measured		Normal	TALL	S	SS			
Provinces										
BOHOL	213,321	149781	70.21%	123327	1629	15246	5119	20365	13.60%	1.09%
CEBU	325,829	223779	68.68%	176869	3570	28895	14445	43340	19.37%	1.60%
NEGROS ORIENTAL	222,407	103742	46.65%	82537	1436	13121	6648	19769	19.06%	1.38%
SIQUIJOR	15,579	9324	59.85%	7759	109	1115	341	1456	15.62%	1.17%
<b>Subtotal</b>	<b>777,136</b>	<b>486626</b>	<b>62.62%</b>	<b>390492</b>	<b>6744</b>	<b>58377</b>	<b>26553</b>	<b>84930</b>	<b>17.45%</b>	<b>1.39%</b>
Cities										
Bais City	12,652	9709	76.74%	6365	550	1686	1108	2794	28.78%	5.66%
Bayawan City	19,568	12639	64.59%	9451	140	2165	883	3048	24.12%	1.11%
Bogo City	11,525	11298	98.03%	10014	63	968	253	1221	10.81%	0.56%
Carcar City	18,578	16185	87.12%	12814	268	2170	933	3103	19.17%	1.66%
Canlaon City	8,534	7380	86.48%	6047	17	971	345	1316	17.83%	0.23%
Cebu City	158,541	142158	89.67%	127954	2098	10288	1818	12106	8.52%	1.48%
Danao City	20,679	18566	89.78%	15746	157	2023	640	2663	14.34%	0.85%
Dumaguete City	21,273	15673	73.68%	14719	240	611	103	714	4.56%	1.53%
Guihulngan City	15,936	14083	88.37%	9922	376	2478	1307	3785	26.88%	2.67%
Lapu-lapu City	74,626	73520	98.52%	70531	415	1911	663	2574	3.50%	0.56%
Mandaue City	62,456	46259	74.07%	43007	276	2130	846	2976	6.43%	0.60%
Naga City	18,055	15504	85.87%	13671	264	1137	432	1569	10.12%	1.70%
Tagbilaran City	17,454	11121	63.72%	9784	205	824	308	1132	10.18%	1.84%
Talisay City	36,963	33745	91.29%	29159	471	2750	1365	4115	12.19%	1.40%
Tanjay City	13,582	9253	68.13%	8412	71	566	204	770	8.32%	0.77%
Toledo City	26,114	16215	62.09%	14411	129	1171	504	1675	10.33%	0.00%
<b>Subtotal</b>	<b>536,536</b>	<b>453308</b>	<b>84.49%</b>	<b>402007</b>	<b>5740</b>	<b>33849</b>	<b>11712</b>	<b>45561</b>	<b>10.05%</b>	<b>1.27%</b>
<b>TOTAL</b>	<b>1,313,672</b>	<b>939,934</b>	<b>71.55%</b>	<b>792,499</b>	<b>12,484</b>	<b>92,226</b>	<b>38,265</b>	<b>130,491</b>	<b>13.88%</b>	<b>1.33%</b>
Note: N- Normal, S-Stunted, SS- Severly Stunted, PSC - Pre School Children										

Department of Health  
NATIONAL NUTRITION COUNCIL REGION VII

**REGIONAL SUMMARY REPORT ON OPERATION TIMBANG**

Total No. of Provinces: 4  
Total No. of Cities : 16  
Percent OPT Coverage: 57.99

Weighing Period and Year: Jan. to March 2014  
Estimated No. of PSC. 0-71 mos.: 1,184,086  
Actual No. of PSC 0-71 mos. Weighed: 686, 707

<b>WEIGHT FOR HEIGHT/LENGTH</b>												
	Est.No. of	Total No. of	% OPT	No. of Preschoolers Weighed by					Total W	PREV	Total Ob	PREV
PROVINCES/	PSC 0-71	PSC	Coverage	Nutritional Status					& SW		& OW	
CITIES	mos.	with Data		Normal	OW	Ob	W	SW				
Provinces												
BOHOL	213,321	138341	65%	131124	1600	944	3692	981	4673	3.38%	2544	1.84%
CEBU	325,829	209649	64%	191712	5489	2855	6439	3154	9593	4.58%	8344	3.98%
NEGROS ORIENTAL	222,407	100385	45%	91486	2191	1414	3687	1607	5294	5.27%	3605	3.59%
SIQUIJOR	15,579	9324	60%	8765	178	108	204	69	273	2.93%	286	3.07%
	777,136	457699	59%	423087	9458	5321	14022	5811	19833	4.33%	14779	3.23%
Cities												
Bais City	12,652	8351	66%	7007	342	276	469	257	726	8.69%	618	7.40%
Bayawan City	19,568	12894	66%	11722	326	234	429	183	612	4.75%	560	4.34%
Bogo City	11,525	11028	96%	10788	63	63	88	26	114	1.03%	126	1.14%
Carcar City	18,578	16102	87%	14804	416	189	434	259	693	4.30%	605	3.76%
Canlaon City	8,534	7384	87%	6898	94	16	261	115	376	5.09%	110	1.49%
Cebu City	158,541	141351	89%	133702	1893	1208	3803	745	4548	3.22%	3101	2.19%
Danao City	20,679	18566	90%	17612	319	151	392	92	484	2.61%	470	2.53%
Dumaguete City	21,273	13283	62%	12480	269	123	332	79	411	3.09%	392	2.95%
Guihulngan City	15,936	14083	88%	12915	316	205	422	225	647	4.59%	521	3.70%
Lapu-lapu City	74,626	73520	99%	72044	499	245	540	192	732	1.00%	744	1.01%
Mandaue City	62,456	46403	74%	44753	440	272	612	326	938	2.02%	712	1.53%
Naga City	18,055	15657	87%	14692	254	157	379	175	554	3.54%	411	2.63%
Tagbilaran City	17,454	10800	62%	9930	250	154	320	146	466	4.31%	404	3.74%
Talisay City	36,963	33609	91%	31912	398	637	458	204	662	1.97%	1035	3.08%
Tanjay City	13,582	7910	58%	7413	150	65	191	91	282	3.57%	215	2.72%
Toledo City	26,114	0	0%	0	0	0	0	0	0	0.00%	0	0.00%
<b>Subtotal</b>	<b>536,536</b>	<b>430941</b>	<b>80.32%</b>	<b>408672</b>	<b>6029</b>	<b>3995</b>	<b>9130</b>	<b>3115</b>	<b>12245</b>	<b>2.84%</b>	<b>10024</b>	<b>2.33%</b>
<b>TOTAL</b>	<b>1,313,672</b>	<b>888,640</b>	<b>67.65%</b>	<b>831,759</b>	<b>15,487</b>	<b>9,316</b>	<b>23,152</b>	<b>8,926</b>	<b>32,078</b>	<b>3.61%</b>	<b>24,803</b>	<b>2.79%</b>


Note: N- Normal, W- Wasted, SW- Severly Wasted, OW- Overweight, Ob- Obese PSC - Pre School Children

Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL REGION VII  
**TRENDS IN NUTRITION STATUS OF UNDERWEIGHT CHILDREN, CY 2004-2014**  
Pre School Children ( 0-71 months )


Area	Prevalence rate												Rank
	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	
<b>Central Visayas</b>	13.77	11.73	9.78	8.93	8.28	7.49	6.2	5.92	5.66	5.54	5.64	4.91	
<b>Provinces</b>													
Bohol	15.92	13.75	11.06	9.89	9.01	8.12	6.74	6.29	5.87	5.30%	5.03%	4.33%	4
Cebu	15.36	13.54	11.81	10.51	10.11	9.46	7.89	7.29	7.66	7.16%	8.16%	7.28%	1
Oriental Negros	15.84	14.72	12.71	11.88	11.57	11.31	8.71	8.26	7.13	7.36%	6.95%	6.95%	2
Siquijor	15.88	11.63	11.8	9.82	9.11	7.99	6.45	6.73	6.56	5.95%	5.21%	5.31%	3
<b>Cities</b>													
Bais City	20.04	18.14	14.73	6.3	7.73	10.2	6.24	7.64	9.62	9.96%	11.46%	9.41%	2
Bayawan City	17.44	16.93	6.25	10.29	10.91	10.62	10.54	8.95	6.98	6.80%	6.58%	6.39%	3
<b>Bogo City</b>								2.97	1.66	3.66%	4.54%	2.39%	11
Carcar City								11.88	4.68	5.75%	5.72%	5.59%	4
Canlaon City	22.18	13.18	11.8	11.72	10.26	11.34	8.52	8.08	6.73	5.26%	4.72%	3.73%	8
Cebu City	11.22	9.1	7.89	7.35	6.36	5.68	4.37	4.43	4.35	3.71%	3.64%	3.30%	9
Danao City	12.97	3.92	3.45	2.87	1.88	1.71	3.84	3.32	2.24	5.77%	5.83%	4.49%	5
Dumaguete City	12.44	6.98	7.89	6.42	4.94	4.39	4.40	4.13	3.05	2.89%	2.78%	2.27%	13
Guihulngan City								12.41	9.32	10.24%	11.43%	10.29%	1
Lapu-lapu City	6.03	4.6	3.61	1.81	1.62	1.45	1.35	1.26	1.18	1.28%	1.34%	1.13%	16
Mandaue City	7.03	4.48	3.15	2.87	3.32	2.88	2.70	2.67	2.88	2.68%	2.54%	2.15%	15
<b>Naga City</b>								7.6	10.95	7.20%	6.81%	3.79%	7
Tagbilaran City	11.65	8.31	6.61	5.73	5	4.56	5.19	4.05	3.32	3.93%	3.72%	2.79%	10
Talisay City	13.85	11.49	12.19	16.35	7.07	2.99	2.00	2.39	2.49	2.17%	3.22%	2.23%	14
Tanjay City	13.36	11.84	7.33	6.46	6.5	6.42	4.04	3.49	5.82	4.73%	4.77%	4.39%	6
Toledo City	6.45	5.71	3.58	3.55	3.42	2.29	2.09	1.77	1.66	1.91%	2.15%	2.38%	12

Data source : DOH 7 OPT

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