



Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL REGION VII

**Pledge of Commitment**  
**Nutrition Month 2018**

We, representing the \_\_\_\_\_ and citizens of the Republic of  
*(Name of company/organization)*  
the Philippines do hereby declare our love of the country and uphold the right of every Filipino to have access to healthy and nutritious food.

Together, we do solemnly swear to:

**G**enerate resources towards the provision of seeds, planting materials and capacity building to enable families and communities to set-up family and community food gardens.

**A**dvocate for support from local government units, NGOs, business entities, private individuals and other stakeholders to provide a fostering environment for sustainable food gardens in both rural and urban setting.

**R**evitalize and recognize existing home, school and community food garden efforts in the locality by conducting contests and agri-fairs as well as documenting best practices.

**D**ecrease micronutrient deficiencies by providing families better access to cheap and nutrient-dense food by encouraging variety in food garden produce.

**E**mpower women, persons with disabilities and children to help their families become more food secure through honing their skills and knowledge in home, school and community food gardening.

**N**ourish positive attitude towards family home gardens by teaching them that the activity does not only provide the family with cheap and ready source of nutritious food but is also a great way to destress and bond together as a family.

So help us God.