

Republic of the Philippines  
Department of Health  
National Nutrition Council Region VII

## **Prayer for Nutrition Month 2011 Celebration**

Heavenly Father, You are the creator of the Heaven and the Earth. You created the world at your command. You are Almighty, Omniscient, and Transcendent over and above Your creation. Righteousness and justice are the foundations of Your throne.

We thank you for creating us in Your own image and likeness. We know that it is part of Your plan that we will be healthy, but it is our responsibility to eat the right kind and the right amount of food. We pray for our would-be mothers and pregnant women who will bear the future generation of well-nourished and bright children and youth. As we use the bountiful natural resources you have provided to nourish us, may we strive to strengthen the support of the family, provide adequate health and nutrition care and be able to implement laws and policies to protect and care for the mothers and their infants.

May we remember that what You have designed is the best, for Your wisdom is great and everything You have created is good. You have designed breastmilk as food for the baby. Therefore, it is the best food for the babies as it contains the necessary elements for their growth and development for the first six months of their lives. May we trust You in that aspect and never resort to anything for improvement for what You have designed is perfect and we don't have to alter something which is already perfect.

As we entrust to you our infants, may we have no doubts, fears and worries for all will be carried out according to your perfect plan. All these we pray in the mighty name of Jesus. AMEN!