



Republic of the Philippines

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REGIONAL DEVELOPMENT COUNCIL-NORTHERN MINDANAO

**REGIONAL DEVELOPMENT COUNCIL-X**

Resolution No. 7 (s. 2018)

**SUPPORTING THE REVIVAL OF THE GARDEN OF GO, GROW AND GLOW  
(G4) INITIATIVE**

**WHEREAS**, the Garden of Go, Grow and Glow (G4) Initiative is a banner project of the Regional Nutrition Committee-X (RNC-X) and fully supported by the RDC-X through Resolution No. 33 (s.2005) as a practical strategy for food security to counter malnutrition and improve nutritional status;

**WHEREAS**, the initiative, which is unique to Region-X, supports the region's commitment to the Sustainable Development Goals 2 (End hunger, achieve food security and improved nutrition, and promote sustainable agriculture) and 3 (Ensure healthy lives and promote well-being for all at all ages);

**WHEREAS**, the National Nutrition Surveys (NNS) in 1978 and 2015 showed a shift in the dietary pattern of Filipinos from the average vegetable consumption of 145 grams in 1978 to 123 grams in 2015 and fruit consumption from 104 grams to 37 grams in the same time span;

**WHEREAS**, according to the Updating Survey of the Food and Nutrition Research Institute of the Department of Science and Technology in 2015, the average daily per capita intake of vegetables in Region-X is 138 grams which is higher than the national average of 123 grams while on the consumption of fruits, the region has a lower daily average per capita intake of 30 grams compared to the national average of 37 grams;

**WHEREAS**, the daily average consumption of fruits and vegetables per capita in Northern Mindanao is very much lower than the World Health Organization's recommendation of the ideal consumption of 400 grams of fruits and vegetables daily to prevent certain chronic diseases and several micronutrient deficiencies as well as to ensure adequate consumption of dietary fiber;

**WHEREAS**, the 2013 and 2015 NNS showed that the incidence of underweight and stunting in children below 5 years old in the region increased from 17.6% to 20.4%, and from 33.3% to 36.5%, respectively;

**WHEREAS**, the weak implementation and advocacy of the G4 initiative as observed in the local level are considered as gaps that prevent the region from achieving its target of lowering the incidence of malnutrition;

**WHEREAS**, the RNC-X recognized the need to revive the implementation of the said initiative, thus, the passing of RNC-X Resolution No. 5 (s.2016) "Reviving the Garden of Go, Grow, Glow or G4 Initiative" on December 8, 2016.

**THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED**, on motion duly seconded, and upon the recommendation of the Social Development Committee (SDC-X) during its meeting on 15 February 2018, for the RDC-X to support the revival of the G4 Initiative and to enjoin the concerned agencies such as the Department of Agriculture Region X, the Department of Health-National Nutrition Council Region X and the Local Government Units (LGUs) to support and implement the program to improve the nutritional status of the people in the region;

**RESOLVED FURTHER**, that the LGUs are further enjoined to include G4 in their local development plans, particularly the annual Local Nutrition Action Plans and corresponding investment programs to be supported with local ordinances to ensure its sustainability;


**RESOLVED FURTHER**, that a Terms of Reference shall be prepared by the RNC-X in the recognition system for Outstanding G4 Implementers in the region;

**RESOLVED FURTHER**, that copies of this resolution be furnished to the RNC-X through the DOH-NNC-X, LGUs, DA-X and other concerned agency regional offices;

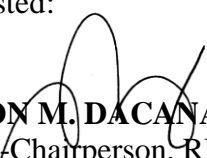
**RESOLVED FINALLY**, that the RNC-X shall monitor and render report on the updates and action taken on this resolution to the RDC-X through the SDC-X.

**Approved**, 22 February 2018  
114<sup>th</sup> RDC-X Full Council Meeting  
Mallberry Suites Business Hotel  
Limketkai Center, Cagayan de Oro City

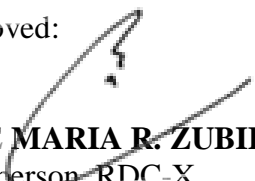
Certified Correct:

  
**MAE ESTER T. GUIAMADEL**  
Secretary, RDC-X  
Assistant Regional Director, NEDA-X

Attested:

  
**LEON M. DACANAY, JR.**  
Vice Chairperson, RDC-X  
Regional Director, NEDA-X

Approved:

  
**JOSE MARIA R. ZUBIRI, JR.**  
Chairperson, RDC-X  
Governor, Province of Bukidnon  
(Presiding Officer)