



**REGIONAL NUTRITION COMMITTEE X**  
Resolution No. 12, s. 2021

**ADOPTING AND APPROVING THE “BARANGAY NUTRITION SCHOLARS” AS  
THE OFFICIAL HYMN OF THE REGION 10 BNS FEDERATION WRITTEN  
AND COMPOSED BY MS. HELEN E. PANGANIBAN**

**WHEREAS**, Presidential Decree No. 1569 (1979) mandated the deployment of at least one (1) Barangay Nutrition Scholar (BNS) in every barangay in the country to monitor the nutritional status of children and other nutritionally at-risk groups and link them with nutrition and nutrition-related service providers;

**WHEREAS**, PD 1569 also mandated the NNC to administer the program in cooperation with local government units;

**WHEREAS**, the BNS Program is a human resource development strategy of the Philippine Plan of Action for Nutrition, which involves the recruitment, training, deployment and supervision of volunteer workers called the Barangay Nutrition Scholars (BNS);

**WHEREAS**, Ms. Helen E. Panganiban an employee of Central Mindanao University-Extension Office and Focal Person of Barangay Integrated Development Approach for Nutrition Improvement-Participative Nutrition Enhancement Approach (BIDANI-PNEA), and an active member of the City Nutrition Committee of Valencia City, Bukidnon initiated the composition of the lyrics and melody of the hymn;

**WHEREAS**, this composition is a tribute to all BNSs around the country;

**WHEREAS**, the hymn entitled “Barangay Nutrition Scholars” is significant to unify and acknowledge the great contributions of the Barangay Nutrition Scholars of Region 10, and to boost their morale especially amidst the COVID-19 pandemic;

**WHEREAS**, the lyrics of the official hymn of the National BNS Federation, Inc. – Northern Mindanao Chapter will be known and sung, as follows:

**“Barangay Nutrition Scholars”**

**(Chorus)**

*Ang Barangay Nutrition Scholars ng bansang Pilipinas  
Ating maipagmamalaki talino't sipag nilang likas*

**(Repeat Chorus)**

1

*Kung tungkol sa nutrisyon ang pag-uusapan  
Alam nating sila'y tiyak, na maaasahan  
Sa mga programa't gawain sa barangay  
Sila ay laging nandiyan handang umagapay*



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**(Chorus)**

2

*May malasakit sa kalusugan ng kabataan  
Kahit payat, mataba, maging katamtaman  
Inasikaso lahat at inaalagaan  
Dahil ito'y kasama sa kanilang sinumpaang*

**(Chorus)**

3

*Ang pagiging BNS ay isang sakripisyo  
Ang kanilang gawain ginawa ng matino  
Nagtatrabaho ng tama, walang reklamo  
Para sa kalusugan ng bawat Pilipino*

**(Chorus)**

4

*Kaya mahal nating kababayan  
Mga nutrition workers 'wag pababayaang  
Sa kanilang tungkulin, sila'y ating tulungan  
Dapat handa tayo na sila'y ipaglaban.*

*Ang Barangay Nutrition Scholars ng bansang Pilipinas  
Ating maipagmamalaki talino't sipag nilang likas.*

*Barangay Nutrition Scholars, ang serbisyo walang kupas.*

**NOW, THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED**, by the Regional Nutrition Committee in a meeting duly assembled, upon recommendation of the RNC-Technical Working Group, adopts, and approves the "**Barangay Nutrition Scholars**" written and composed by Ms. Helen E. Panganiban as the official hymn of the National BNS Federation, Inc. – Northern Mindanao Chapter;

**RESOLVED FURTHER**, that the Regional Nutrition Committee will award Ms. Panganiban a plaque of commendation citing her efforts in composing the BNS Hymn as tribute to the nutrition volunteers and frontliners;

**RESOLVED FURTHER**, that the "**Barangay Nutrition Scholars**" hymn will be used in the entire Region 10 in all BNS official events and programs; and

**RESOLVED FINALLY**, for the National Nutrition Council Regional Office X as Secretariat of the RNC to cause the widest dissemination of the "**Barangay Nutrition Scholars**" as official hymn of the National BNS Federation, Inc. – Northern Mindanao Chapter by furnishing all the member agencies of the RNC, the National BNS Federation, Inc. – Northern Mindanao Chapter, the local government units, other regional partners and the National Nutrition Council Secretariat a copy of the hymn and this Resolution.



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**APPROVED**, 19 October 2021  
Joint RNC, RNCI and RTWG 2<sup>nd</sup> Semester Virtual Meeting  
*Via video conferencing through Zoom*

Certified Correct:

**GLADYS MAE S. FERNANDEZ, RND, MDM**  
Secretary, RNC X  
Regional Nutrition Program Coordinator  
National Nutrition Council X

Approved:

**JOSE R. LLACUNA, JR., MD, MPH, CESO III**  
Chairperson, RNC X  
Director IV  
Department of Health, CHD-Northern Mindanao