



Republic of the Philippines

REGIONAL DEVELOPMENT COUNCIL-NORTHERN MINDANAO

REGIONAL DEVELOPMENT COUNCIL-X

Resolution No. 37 (s. 2016)

SUPPORTING THE ADOPTION OF THE PRESCRIBED WEIGHT AND HEIGHT MEASUREMENT TOOLS IN THE CONDUCT OF THE ANNUAL OPERATION TIMBANG (OPT) PLUS

WHEREAS, nutrition plays a vital role in achieving the optimal growth and development of each individual;

WHEREAS, growth assessment is a proven approach in promoting an individual's health and nutritional well-being;

WHEREAS, the country adopted two methods of growth assessment, namely: Growth Monitoring and Promotion (GMP), the individual child regular growth monitoring for counseling and intervention, and the conduct of mass weighing referred to as Operation Timbang (OPT);

WHEREAS, OPT *Plus* is the annual measurement of weight and height or length of preschool children aged 0-71 months old using the World Health Organization (WHO) Child Growth Standard to identify and locate families with malnourished preschool children and determine the overall nutrition situation in the area;

WHEREAS, the "*Plus*" in OPT *Plus* refers to the:

1. Inclusion of the weight and length or height combination which best describe a child's nutritional status in terms of stage of deterioration of nutritional status of the child;
2. One set of OPT Plus data among different functionaries and institutions/groups in terms of measure, interpretation, assessment, monitoring and policy issuances;
3. Collaborative efforts of local nutrition committees, particularly members of Community Health Teams, to jointly discuss, analyze and utilize the OPT *Plus* results for identification of actions to address the malnutrition problem in the locality; and
4. Use of the WHO Child Growth Standards (CGS) as the country's standard for growth assessment of children as the single international standard that represents the best physiological growth for all children from birth to five years of age and establish the breastfed infant as the normative model for growth and development;

WHEREAS, the National Nutrition Council Governing Board issued Resolution No. 2, (s. 2012), "Approving the Revised Implementing Guidelines on Operation Timbang *Plus* (OPT *Plus*)" (Attachment 1) and "Guidelines on the Fabrication, Verification and Maintenance of Wooden Height Boards" (Attachment 2) to institutionalize the adoption of OPT Plus in various functionaries;

WHEREAS, the National Nutrition Council X undertook an inventory of the prescribed height and weight measurement tools used by the Local Government Units in the region to determine compliance with the set standards;

WHEREAS, the said inventory found out that there is an alarming gap and non-adherence in the availability and use of the prescribed height and weight measurement tools;

WHEREAS, the NNC-X Regional Nutrition Committee during its meeting on March 8, 2016 passed Resolution No. 3, (s. 2016), "*Reiterating the Use of Prescribed Weight and Height Measurement Tools in the Conduct of the Annual Operation Timbang Plus as Provided for in the Revised Implementing Guidelines on Operation Timbang Plus*" (Attachment 3);

WHEREAS, the SDC-X during its meeting on June 14, 2016 favorably supported the adoption of the prescribed weight and height measurement tools in the conduct of the annual Operation Timbang (OPT) Plus;

THEREFORE BE IT RESOLVED, AS IT IS HEREBY RESOLVED, on a motion duly seconded, to support the adoption of the prescribed weight and height measurement tools in the conduct of the annual Operation Timbang (OPT) Plus.

FURTHER RESOLVED, that relevant stakeholders are enjoined to undertake on the following action areas:


1. For the LGUs and relevant government agencies to adhere to the prescribed weight and height standard measuring tools, measuring methodologies, analysis and processing approaches of nutritional data in the conduct of OPT as prescribed in the NNC Board Resolution No. 2, (s. 2012);
2. For the NNC-X, its technical working committees and partner agencies to conduct a regular and purposive monitoring and inventory of relevant tools and equipment compliant to the standards in the conduct of OPT; and
3. For the DOST-X, TESDA-X, academe and research institutions/consortia to extend technical assistance in the Research and Development (R&D) of calibrated weighing scales and verified height boards to the LGUs.

FURTHER RESOLVED, that copies of this resolution be furnished to the Regional and National offices of the DOH, NNC, DOST and TESDA, the concerned RDC-X members, provincial, city and municipal Local Government Units, and all concerned and relevant entities for their support and appropriate action.

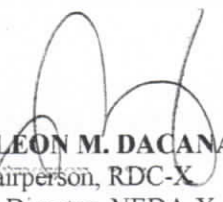
FINALLY RESOLVED, that the NNC-X shall render a report through the Social Development Committee-X on the actions taken relative to this resolution.

Approved, 15 December 2016
109th RDC-X Full Council Meeting
Mallberry Suites Business Hotel
Limketkai Center, Cagayan de Oro City

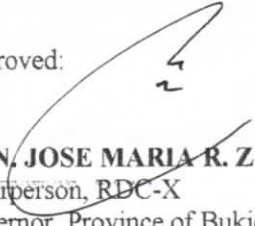
Certified Correct:


DIR. MAE ESTER T. GUIAMADEL
Secretary, RDC-X
Assistant Regional Director, NEDA-X

Attested:


ENGR. LEON M. DACANAY, JR., CESO III
Vice-Chairperson, RDC-X
Regional Director, NEDA-X

Approved:


HON. JOSE MARIA R. ZUBIRI, JR.
Chairperson, RDC-X
Governor, Province of Bukidnon
(Presiding Officer)