



REGIONAL NUTRITION COMMITTEE X
Resolution No. 7, s. 2021

**ENJOINING ALL LOCAL GOVERNMENT UNITS TO USE THE UPDATED
ELECTRONIC OPERATION TIMBANG (eOPT) PLUS TOOLS**

WHEREAS, Operation *Timbang* (OPT) Plus is the annual weighing and height measurement of all preschool children aged 0-59 months old in a community held every first quarter to identify and locate the malnourished children;

WHEREAS, OPT Plus data are used for local nutrition planning, particularly in quantifying the prevalence of wasted, stunted, underweight, overweight and obese children who will be prioritized for interventions in the community and provides information on the effectiveness of the local nutrition program;

WHEREAS, the National Nutrition Council (NNC) with the assistance from Food and Agriculture Organization (FAO) of the United Nations developed the electronic OPT (eOPT) Plus Tool to assess the nutritional status of children and record the OPT Plus results;

WHEREAS, the eOPT Plus Tool, a Microsoft Excel-based system, was designed to help the barangays, cities/municipalities, and provinces consolidate and report OPT Plus results;

WHEREAS, the eOPT Plus Tool was also designed to help the nutrition workers record, interpret and summarize the results of OPT Plus;

WHEREAS, due to coronavirus disease (COVID-19) pandemic, the Department of Health (DOH) Memorandum No. 2020-0237 suggests the use of mid-upper arm circumference (MUAC) measurement instead of the weight and height/length to limit contact and protect both the health care provider and the child;

WHEREAS, MUAC is widely used at the community level for rapid screening and admission tool for potential Moderate Acute Malnutrition (MAM) or Severe Acute Malnutrition (SAM);

WHEREAS, NNC and FAO further developed an eOPT Plus Tool for Acute Malnutrition to be used during emergencies;

WHEREAS, the eOPT Plus Tools has the following key features:

1. Detailed instruction on how to use the tool;
2. Nutrition status calculator;
3. Auto-filled Philippine Standard Geographic Code (PSGC) of local government units (LGUs) and population based on the 2021 DOH projected population;
4. Automatically generates masterlist of children by type of malnutrition (underweight, stunting, wasting, and overweight) and MAM and SAM for the eOPT Tool for Acute Malnutrition;
5. Updated database;
6. Report generator;



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7. Adapted for use in small or large barangays;
8. Avoids double-counting of children;
9. Target list generator;
10. Produces ranked list of barangays, municipalities, cities and province; and
11. Extracts and summarizes under-five data for disaster and emergencies.

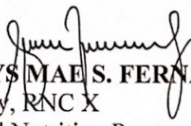
NOW THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, that all LGUs are enjoined to use updated eOPT Plus Tools to generate timely, relevant and accurate data on the nutrition status of the preschool children;

RESOLVED FURTHER, to enjoin LGUs to submit their eOPT Plus data on or before 15 April of every year to the National Nutrition Council X for consolidation and validation;

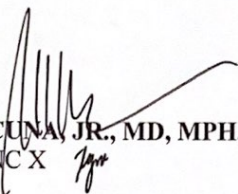
RESOLVED FINALLY, that all RNC X member agencies and LGUs in the region will be provided a copy of this resolution.

APPROVED, 8 June 2021
Joint RNC, RNCI and RTWG 1st Semester Virtual Meeting
Via video conferencing through Zoom

Certified Correct:


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Approved:


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