



Republika ng Pilipinas
KAGAWARAN NG KALUSUGAN
NATIONAL NUTRITION COUNCIL X
2nd Floor Door 1, Rego Bldg., Agoho Drive
Zone 1, Carmen, Cagayan de Oro City



REGIONAL NUTRITION COMMITTEE X
Resolution No. 5 Series of 2016

REVIVING THE GARDEN OF GO, GROW AND GLOW OR G4 INITIATIVE

WHEREAS, the Garden of Go, Grow and Glow Initiative was a banner project of the Regional Nutrition Committee X in July 2005 supported by the Regional Development Council X through Res. No. 33, s. 2005 as a practical strategy for food security to counter malnutrition and improve nutritional status;

WHEREAS, the initiative, which is unique only to Region X, dovetails with the region's commitment to the Sustainable Development Goals of ending hunger, achieving food security and improved nutrition, and promoting sustainable agriculture;

WHEREAS, the National Nutrition Surveys (NNS) in 1978 and 2008 show a shift in the dietary pattern of Filipinos from the average vegetable consumption of 145 grams (g) in 1978 to 120 g in 2008 and fruit consumption from 104 g to 44 g, in both years;

WHEREAS, the 2015 food consumption data on the Updating Survey of FNRI-DOST on the mean one-day per capita intake of vegetables in Region X of 138 g is bigger as against the national average of 123 g, the region's consumption of fruits is lower than the national average, which is 30 g to 37 g;

WHEREAS, the results of the anthropometric component of the 2013 and 2015 NNS show that the incidence of underweight and stunting in children below 5 years old in Region X increased from 17.6% to 20.4%, and from 33.3% to 36.%, respectively;

WHEREAS, the weak implementation and advocacy of the G4 initiative as observed in the local level is considered as a constraint or gap that prevents the region from achieving its target of lowering the incidence of malnutrition;

THEREFORE, BE IT RESOLVED AS IT IS HEREBY RESOLVED that there is a need to revive the implementation of the G4 initiative to improve nutrition outcomes and achieve food security in the household and community levels;

RESOLVED FURTHER, that this Committee along with its critical member agencies such as the Department of Agriculture X, Department of the Interior and Local Government X, Department of Education, Philippine Information Agency 10, Department of Social Welfare and Development, among others will assist the National Nutrition Council X in initiating the revival and implementation of the G4 initiative to be coupled with a system of recognition for Outstanding G4 implementors;

RESOLVED FURTHER, that the Local Nutrition Committees be the mechanism for the local implementation of the initiative;

RESOLVED FINALLY, that the copies of this Resolution be forwarded to the member agencies of this Committee, National Nutrition Council Central Office, all local government units through the Local Nutrition Committees and other relevant partners and stakeholders for appropriate action and support.

Certified Correct:

MARISSA D.M. NAVALES, MDM

RNC Secretary

Nutrition Program Coordinator, NNC X

APPROVED:

NIMFA B. PORRIZO, MD, MPH

Chairperson, Regional Nutrition Committee X

Regional Director, DOH RO X

RNC 2nd Semester Meeting

December 8, 2016, Dynasty Court Hotel, Cagayan de Oro City