



Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL
Region VIII



Regional Nutrition Committee VIII

RNC VIII Resolution No. 6, Series of 2018

**ADOPTING THE NATIONAL NUTRITION COUNCIL GOVERNING BOARD
RESOLUTION NO. 5, SERIES OF 2018, ENTITLED "ADOPTING THE POLICY
STATEMENT ON NUTRITION PROGRAM FOR GOVERNMENT WORKERS"**

WHEREAS, the NNC Governing Board in its meeting on 21 February 2017 considered government workers as targets of nutrition programs of the Philippine Plan of Action for Nutrition 2017-2022 considering the need to also improve their nutritional status to contribute to efficiency of the bureaucracy;

WHEREAS, the recommendation of the Governing Board is supported by the findings of the 7th and 8th National Nutrition Surveys of the Department of Science and Technology – Food and Nutrition Research Institute (DOST-FNRI) which showed that working adults with occupations categorized as officials, professionals, and clerks, had high prevalence of overweight and obesity, hypertension, high fasting blood glucose and high cholesterol; and with low physical activity when compared to other occupational groups;

WHEREAS, research has shown that promoting health in the workplace provides benefits both to the employees and to the organization which include increased productivity and reduced absenteeism, enhanced self-esteem and improved morale, lower healthcare cost and improved positive image of the employer organization;

WHEREAS, a nutrition program for government workers is consistent with the objectives and strategies of the Philippine Plan of Action for Nutrition 2017-2022 particularly the nutrition specific programs Nutrition Promotion for Behavior Change Program and Overweight and Obesity Prevention and Management Program; along with other existing policies and programs including the Pilipinas Go 4 Health program, National Occupational Health and Safety Policy Framework, Civil Service Commission (CSC) Memo Circular No. 4, Series 2003 (Promotion of Good Nutrition in the Bureaucracy), among others;

WHEREAS, NNC Governing Board adopted the policy statement on having nutrition programs for government workers, as follows:

"The National Nutrition Council recommends the provision of nutrition programs to government workers as part of healthy workplaces as a strategy of the Philippine Plan of Action for Nutrition to improve the nutritional status of state workers thereby contributing to the reduction in the prevalence of overweight and obesity and non-communicable diseases.

The nutrition program shall be integrated in existing efforts of government offices to promote healthy lifestyle and employee welfare. The NNC shall work with relevant government agencies to see to it that enabling policy instruments and mechanisms shall be in place to implement this recommendation."

NOW THEREFORE, upon the motion of National Economic Development VIII representative Ms. Ma. Victoria C. Cuayzon, and duly seconded by Ms. Portia Teresa E. Calleja of Department of Trade and Industry VIII;

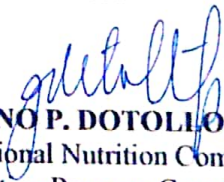
BE IT RESOLVED, AS IT IS HEREBY RESOLVED, to adopt the NNC GB Resolution No. 5, series of 2018, entitled "Adopting the Policy Statement on Nutrition Program for Government Workers";

RESOLVED FURTHER, that the RNC Technical Working Group (TWG) shall be tasked to design a localized guideline on nutrition program for government workers in Region VIII and that the National Nutrition Council Secretariat to coordinate and monitor the actions leading to the implementation of this resolution and reporting the same to the RNC.


UNANIMOUSLY APPROVED, this 26th day of November Two Thousand and Eighteen at Hotel Alejandro, Tacloban City.

APPROVED FURTHER, that a copy of this resolution shall be furnished to concerned agencies.

Certified true and correct:


DR. CATALINO P. DOTOLIO, JR.
Secretary, Regional Nutrition Committee and
Regional Nutrition Program Coordinator
National Nutrition Council VIII

Approved:


DR. MINERVA P. MOLON
Chairperson, Regional Nutrition Committee
and Regional Director, Department of Health VIII