

Republic of the Philippines  
**REGIONAL NUTRITION COMMITTEE**  
Central Visayas

EXCERPT FROM THE MINUTES OF MEETING  
OF THE CENTRAL VISAYAS REGIONAL NUTRITION COMMITTEE  
HELD ON 28 FEBRUARY 2013 AT CLUB ULTIMA BOARD ROOM, CEBU CITY

RNC Resolution No. 013-04 (s 2013)

**"REQUESTING THE DEPARTMENT OF THE INTERIOR AND LOCAL GOVERNMENT  
TO ENJOIN LGUs IN CENTRAL VISAYAS TO STRENGTHEN VEGETABLE  
PRODUCTION AND CONSUMPTION IN THEIR RESPECTIVE AREAS  
AND THE NATIONAL GOVERNMENT AGENCIES IN THE REGION  
TO INCREASE INTAKE OF FRUITS AND VEGETABLES"**

WHEREAS, vegetables and fruits play a significant role in human nutrition as sources of vitamins, minerals and dietary fiber;

WHEREAS, based on food consumption surveys, Filipinos on average are eating less and less vegetables per day in the last three decades from 145 grams to 110 grams per day in 2008;

WHEREAS, the same survey revealed that Central Visayas shows much lower than the national average with a vegetable consumption at 102 grams per person per day.

WHEREAS, limited access to vegetables is one of the main cause of decreasing vegetable consumption leading to food insecurity among household and the entire community;

WHEREAS, the Gulayan ng Masa was implemented to improve access to vegetables through integrated backyard gardening but only 51.8% of households participated in this government's food production program;

WHEREAS, the Central Visayas Regional Nutrition Council believes that the political will and leadership of the local chief executive as chairmen of the local nutrition committees and the regional directors of national government agencies to support food accessibility and availability is critical to increasing vegetable consumption;

WHEREAS, the regional office of the Department of the Interior and Local Government (DILG 7) exercises general supervision over local government units in Central Visayas;

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WHEREAS, on May 14, 2012, DILG issued MC 2012-89 "Adoption of the Philippine Plan of Action for Nutrition (PPAN) 2011-2016" which includes Home and Community Food Production to achieve nutrition targets;

WHEREAS, National Government Agencies regularly conducts trainings, seminars and conferences as part of their programs, projects and activities;

NOW THEREFORE, BE IT RESOLVED, AS IT IS HEREBY RESOLVED, to request the DILG 7 to issue the appropriate agency policy instrument to all LGUs in Central Visayas to strengthen vegetable production and consumption in their areas by implementing the following activities: a) Strengthen the Provincial/City/Municipal Agriculture and Fishery Councils and urge them to highlight vegetable production and consumption in their current and future plans and conduct strict monitoring thereof; b) Allocate resources and/or increase budget on vegetable production and consumption; c) Provide space/areas to sell vegetables at low cost in strategic location benefitting directly the barangay, municipal and city dwellers; d) Organize chain of restaurant serving vegetables and meals made from locally grown foods; e) Set up gardens in schools and community; and f) Intensify promotion of vegetable consumption using multi-media.

RESOLVED FURTHERMORE, to encourage National Government Agencies in the region to contract only hotels and/or catering service suppliers that serve fruits and vegetables during their trainings, seminars and conferences and that fruits and vegetables are part of the menu;

RESOLVE FURTHER, to request DILG7 to monitor status of implementation of the above resolution during their regular monitoring of LGUs and during the annual Monitoring and Evaluation on Local Level Plan Implementation (MELLPI);

RESOLVED FINALLY, to authorize the RNC Secretariat to furnish copies of this resolution to DILG 7 and national government agencies in the region, for their information and guidance.

**APPROVED**, this 28th day of February 2013 during the 1<sup>st</sup> Quarter RNC Full Committee meeting held at the Board Room, Club Ultima, Cebu City.

Certified Correct:

Attested by:



**PAROLITA A. MISSION, RN, DPA**  
RNC 7 Secretary  
Nutrition Program Coordinator, NNC7



**ASUNCION M. ANDEN, MD, MPH, CESO II**  
Chairperson, RNC 7  
Regional Director, DOH-CHD 7