



Republic of the Philippines  
Department of Health  
NATIONAL NUTRITION COUNCIL REGION VII



**Pledge of Commitment  
Nutrition Month 2017**

We, representing the \_\_\_\_\_ and citizens of the Republic of the  
*(Name of company/organization)*

Philippines, hereby declare our love of the country and uphold the right of every Filipino to good health and optimum nutrition.

Together, we do solemnly swear to:

**D**edicate ourselves to the improvement of the nutritional status of the Filipino people by advocating for a well-balanced meal in every household;

**I**nfluence policy makers, school owners, administrators to issue policy instrument adopting healthy diets by serving nutritious foods and discourage selling of salty fatty, and sugary foods and beverages in cafeteria, canteens and other food establishments;

**E**nsure that all food producers and food service establishments practice good nutrition by making available healthier food options for their customers and for clients to demand nutritious foods, and;

**T**ake the lead in promoting moderation, variety and balance in the preparation and serving of food to reduce and prevent the risk of acquiring lifestyle non-communicable diseases.

So help us God.