



Republic of the Philippines
Department of Health
NATIONAL NUTRITION COUNCIL REGION VII

Pledge of Commitment
Nutrition Month 2016

We, representing the _____ and citizens of the Republic of
(Name of company/organization)
the Philippines, hereby declare our love of the country and uphold the right of every Filipino child to
achieve maximum potential for growth and development.

Together, we do solemnly swear to:

Promote proper maternal and child care and ensure that every person in the community is sufficiently
feed and nourished;

Report Milk code or EO 51 violations, such as the donation of infant formula during emergencies and
the promotion of infant formula by health personnel, to authority;

Organize infant and young child community support group to help manage breastfeeding and
complementary feeding problems by mothers;

Track weight and height of infant and young children and provide access and support to frontline
workers in their growth and monitoring efforts in the community;

Encourage pregnant mothers to have at least four (4) pre-natal check-ups and two (2) post natal
consultations, consume iron-folic acid supplements, use iodized salt and give birth in accredited birthing
facilities;

Create an adequately equipped lactation stations and facilitate use for employees and clientele and
provide breastfeeding breaks for working mothers;

Take initiative in providing both mother and child with adequate nourishment, care and support to
ensure the full physical, social and mental development of children in the first 1,000 days of their lives.

So help us God.